# the **PURPLE CLARION** Volume 94, Issue 7 333 W. College St. Harrisburg High School Harrisburg, IL 62946 March. 31, 2020

# 'Newsies'' posponed due do COVID-19 outbreak

#### Madison McClusky, news editor

Harrisburg theatre program's spring musical 'Newsies' has been postponed and potentially cancelled due to the CO-VID-19 outbreak that led the school to close.

Those involved are upset as they feel all their hard work may potentially go to waste.

"It's sad because we worked so hard, and if we don't perform we would have wasted time putting this all together and not being able to show it off," sophomore Makayla Dosenbach said.

Although the opportunity being taken away has not been set in stone, those in the cast are still upset.

"It feels terrible because we've all put so much effort into all of our singing and dancing," sophomore Kirsten Eversmann said. "It's also very sad for the seniors because this is their last show. I hope they announce that the show will be able to go on and all of this will go back to normal so we are able to perform."

Eversmann plays Medda Larkin, a loud and outgoing lead in the show.

"Me being Medda in this show has been super fun," Eversmann said. "I would hate to see all of my hard work go down the drain. It has made it a lot more enjoyable because I think of myself to be a lot like her so it is easier to portray the role and just have fun."

According to Eversmann the break comes with its benefits, as well as its downfalls.

"If the show is to happen, I think

that we're all gonna be able to just pick up where we left off," Eversmann said "I think this break is good in my opinion because it gives us all a chance to fix any issues with forgetting lines or songs. It does put a small detour in our dancing though I will say that. As long as everyone is still practicing at home, then I think we'll be ok."

The choreography for this show is challenging, and it will be detrimental if those involved don't continue to practice.

"If people don't continue practicing on their own then it will make them forget it," Eversmann said. "We are all supposed to be constantly stretching so we don't lose all the time we've spent on stretching."

Whether progress has been made or lost can not be determined unless the show is called back on and the cast is allowed to resume practices.

"I'm not sure if it has stalled any progress or not," sophomore Ethan Bordoy said. "If we do end up putting it on I don't think it will be worse, it might be better because we do have more time and it will help us be more determined to make the show better."

Eversmann hopes she and the rest of the cast get the chance to perform and show off all their hard work.

"I hope we get to do it to show everyone how much life and time that we have put into this show. It has been well worth it, and I hope they get to experience it for themselves," Eversmann said.



# COVID-19 cancels school, sports, more

#### Rheis Wason, staff editor

Covid-19 closes schools, sports, more

COVID-19, more commonly known as CoronaVirus has closed off several sports activities in the past week, as well as several schools throughout the nation. As of the time this story was written, the Saline School District is discussing going under a quarantine which means closing schools all through our county.

COVID-19 is a new strain of CoronaVirus that has never been seen before, it is resistant to antibiotics, but can be killed by washing hands and alcohol based hand sanitizer. However, the best way to avoid getting infected is to remain isolated when at all possible and follow provided health procedures.

Most of the closes in Illinois are in Chicago where the virus is predominantly located in Illinois, however, the schools in Vanderburgh County have recently closed all schools within their district until the end of March. Harrisburg School District is currently closed until at least April 8.

As well as school cancellation, IHSA has ordered the shutting down of all sport activities, such as Track, Soccer, and Baseball/Softball. This is in regards to safety concerns regarding the spreading of the virus and the wellness of it's players.

The COVID situation has been confirmed within Egyptian Health with cases being confirmed in both Carbondale and Marion, beforehand however, most non essential businesses have shut down due to an order from Governor, J.B. Pritsker.

This includes nursing homes, who have shut their doors to outside visitors in order to protect those inside. Lisa Schiff, who works in the health industry as a nurse at Harrisburg's East side Intermediate School was called in to aid during this crisis at local Shawnee Rose Care Center. In regards to how the nursing homes have been treating the lockdown with the residents and what had to change, meals were a concern for most,

"The residents are staying in their room for meals, there is a group of ladies that are missing each other as they usually sit at the same table and visit all day long," Schiff said.

The no visitors policy enacted by the governor has made some of the tenants upset, given that they want to see those that they love.

"The residents are missing their loved ones a lot right now, and you can notice a mood change within them." Schiff said.

The lockdown has not just affected those outside of school, seniors who are missing out on the last few months of their last year of school are taking a big hit to their psyche by being out of school this early. Senior Langdon Jerrell spoke about how difficult school has become without teachers there to aid outside of Remind and Google Classroom.

According to Jarrell, schoolwork has been hard to work on efficiently and do correctly.

"The main reason is that there is a lack of actual teaching," Jerrell said. "A lot of the time, I have to find resources for myself because there isn't a teacher to help me and practice. Furthermore, I don't have a computer that runs faster than a snail's pace, so I also have issues turning in any assignments or getting any outside of just simply sending pictures on remind."

For many students, this is the final countdown for their days in school, a reality that can be depressing.

"It makes me quite sad," Jerrell said. "I won't be able to say goodbye to the few teachers that made an impact in my life and I won't be able to say goodbye to the people I have spent so many years with. Also, I had never been to a prom and was hoping to get to go."

Jerrell was also very vocal on how we can beat this virus.

"Assuming this is during a time where the virus is still spreading, I would suggest social distancing and washing your hands often when you have to go out," Jerrell said. "Even if you aren't at risk, you can come in contact with someone who is or come in contact with someone who will come in contact with someone who is. Don't be selfish and do the right thing."

The virus has cut short the school year for many people's school year, and some advice for how to deal with not seeing teachers and friends alike is what Jerrell gave in order to aid those that feel lost during this time.

"Keep your head up and hang in there," Jerrell said. "We're all in this together and it's most certainly an interesting close to this chapter of our lives, if anything."

High school teacher Matt Griffith spoke on the matter as well, regarding school closing and the difficulty of having to teach without seeing students.

"Communication between the students and myself has been the hardest part, not just simply emails, but the day to day communication and trying to teach/communicate through a packet," Griffith said.

Some of the hardest hits can be to teachers, especially if they love their jobs, however another big issue with school being cancelled is the lack of being able to take SAT's as well as other activities taking place around the school.

"It has been rough, I love teaching and being around young adults, for me the toughest part has been the effect on students, this is pushing back important planned academic and extracurricular activities," Griffith said.

# ACES compete at Sectionals

#### Selina Wang, CPS editor

Harrisburg ACES team competed in sectionals March 11.

The event was located at Southern Illinois College Carbondale.

"ACES is a competition where schools bring kids to take tests in different subject areas and they compete against each other," said senior Sam Winkleman

ACES stands for Academic Challenges for Engineering and Science.

"We arrived at around 9 and received our testing tickets. Some of us went into one auditorium and the others went to a different one," said senior Jacob Penrod. The students left the school at 7:45 that

"We go to whatever school the compe-

tition is hosted at and you take your two tests back to back," said senior Olivia Wilson. "Then you get a little break and come back for the awards ceremony."

The team went to S&B's Burger Place in Carbondale during their lunch break.

"We finished the test and went to the bus to eat lunch," said Penrod. "We came back later for the award presentation, but sadly they didn't have the results back yet."

Junior Hayden Gaskins took the math and biology test. "Math was okay, but I don't think anyone wants to go take a math test for fun," said Gaskins. "The biology was fine,I just felt pretty tired after all of it."

Gaskins placed third in math at sectionals.

"I liked Aces," said Gaskins. "I think it was a good experience and a good team to be a part of."

Other individual medal winners included, senior Kai Schlabitz who placed first in chemistry and third in physics. Senior Landon Gates placed second in biology and first in chemistry. Senior Andy Ryner placed second in chemistry. Junior Maya Robinson placed second in biology. Junior Emma Williams also placed third in physics. Senior Lydia Miller placed second in English and third in Biology.

"I took tests on Biology and Chemistry which are my strongest subjects," said

Penrod. Wilson took the Chemistry and English Test.

"Honestly both of my tests were pretty tough, so I didn't feel too great," said Wilson

Wilson ended up placing third in chemistry.



Photo by Selina Wang.

Seniors Maison Hale and Jaden Oglesby stands with one of senator Dale Fowlers staff at the first annual career fair. They were taught about all the local products made in Southern Illinois.







Photo Provided.

Dale Fowler's Youth Advisory Council visited the inside of the Illinois State Capitol Building in Springfield. Five students were selected to be in the group. Seniors Lydia Miller, Clay Brigham, Rheis Wasson, Molly Ryder and Selina Wang. These student met at Marion Walmart and headed to Springfield along with 14 other schools.



## Blue Banner Award for Overall excellence 1st Overall Layout 2nd Front Page Layout 2nd Best Centerspread

## Mail-In Contest

Madeleine DeNeal - 2nd editorial cartoon Madison mcclusky - 2nd sports Sara Wangler - 2nd feature

**Onsite contest** 

Sara Wangler - 1st computer graphics, 1st headline, 1st sports feature Rachel Myers - 3rd editorial cartoon Selina Wang - 2nd editorial, 1st alternative storytelling Rheis Wasson - 2nd humorous colum, 2nd news Haley Sullivan - 1st headline Madeleine DeNeal - 3rd headline By: Madison McClusky Clay Brigham - 2nd feature

# Pickfords Flowers and Gifts 618-253-7862

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> oldest running flower shop in Southern Illinois

#### March 31, 2020

*Continued from page 1* 

"SAT for juniors, spring musical, day to day curriculum, dual credit headaches, and the athletes that have had their seasons postponed or even cancelled."

The quarantine is a necessity for our safety, and while it may seem like the state is taking something from us, it's in the name of making sure we as citizens are safe.

"It is easy to be angry with the school board, Superintendent or administration closing school, it is also easy to be frustrated with local, state and federal officials closing and restricting the states and nation," Griffith said "However, their goal has the safety and well-being of students, families, residents and citizens in mind. This is an unprecedented situation for us, there are men and women far more qualified to handle the COVID 19 problem facing our world."

## How have you been spending your time during quarantine?

•"I've been finishing projects and cleaned around the house." - sophomore Nicholas Riggs

•"I haven't done much at all to be honest, mostly sit at home vibing." -junior Ian Meshew

• "I have yet to work on homework, and have spent most of my time online." -freshman Wekey Wang

• "Lots of reading and school work, sleeping in. I've also tried to stay on top of my workouts too."

-senior Maison Hale

•"I have been catching up on rest. I feel so energized and refreshed." -senior Molly Ryder

•"I have been sleeping in and playing video games a lot." -sophomore Mitchell Quisenberry

• "Honestly I've been doing anything to take up as much time as possible like cooking, cleaning or helping my parents with outside activities." -sophomore Bailey Abraham

•"I've been doing homework and trying to learn a new language." -junior Riley Wright

-junior kney wright

•"I have been babysitting two kids and doing homework." -sophomore Makayla Dosenbach

•" Having time off I've gone on a cleaning spree and have been waking up at 7 every morning to clean! I've gone as far as color coding my closet." -senior Haley Goolsby

• "I've been making tons of TikToks,watching Netflix, staying up all night, and sleeping all day." -freshman Joey Quinn



News



(Left) Harrisburg resident Kari Arnett started a Facebook group to give younger children a way to get out safely. Building on an idea she saw posted on someone else's page, Arnett encouraged Harrisburg residents to put a bear, or other stuffed animal, in their window. Parents can drive their children around and see how many of the bears that they can find. As of Saturday evening, the group had 725 members. (Right) Harrisburg resident Chalet Atkins takes her daughters, Freese, Tindall and Livie Rae on a bear hunt. The girls are wearing t-shirts that they made as an art project during their time at home.

# **Congress passes CARES act**

Selina Wang, CPS editor

On March 27 the House delegation passed and supported the CARES Act. The acronym stands for Coronavirus Aid, Relief, and Economic Security. President Donald Trump signed the bill Friday afternoon.

According to the Chicago Tribune, "Illinois' House delegation overwhelmingly supported the \$2.2 trillion coronavirus relief bill that passed in a voice vote Friday and will provide assistance to unemployed workers, a beleaguered medical community and a fiscally troubled state forced to use scarce resources to fight the pandemic."

This bill will provide help to local hospitals, public health, airports, relief for transit agencies, law enforcement and student loans.

According to the Chicago Sun Times, "Something miraculous has happened in Washington. We've actually done something, on a timely basis," Sen. Dick Durbin, D-Ill., said Thursday about the \$2.2 trillion coronavirus stimulus bill the Senate passed Wednesday night and earned full approval from the House early Friday afternoon."

President Trump will not adhere to a portion of the coronavirus bill that would authorize an inspector general to oversee how the business loans will be spent.

According to NPR News, "Explicitly, the CARES (Coronavirus Aid, Relief and Economic Security) Act spends money faster than any legislation in history, shoveling it out with an air of near-desperation. That strikes fear in those who routinely regard all governments with suspicion and the government in Washington with the most suspicion of all."

According to an infographic created by Audrey Carlsen for NPR, \$560 billion will be distributed to individuals with big corporations receiving nearly as much. The rest will be divided between small businesses, state and local governments, public health, and education with a \$26 billion "safety net."

The government will be sending checks out to people based on their gross income.

According to Vox News, "Everyone earning up to \$75,000 in adjusted gross income — the income on your tax return — and who has a Social Security number will receive a \$1,200 payment. The payment steadily declines for those who make more, and phases out for those who earn more than \$99,000."

For most people the U.S. Treasury should directly deposit the money if they have that information from this year's tax return or last year's. If the U.S. Treasury does not have that information; they will mail a check.

According to the Chicago Tribune, "If you didn't file a tax return for either 2018 or 2019, your check could be delayed. The government can use your Social Security benefit statement as well."

The relief bill will also help unemployed workers during closures caused by the virus by increasing their benefits.

According to the Chicago Tribune, "The bill adds \$600 a week, for a period of four months, to standard unemployment benefits, which vary by state."

# We will be postponing the April edition for the Purple Clarion

The Clarion is temporarily pausing production during the emergency closure. We will resume when we return to school. Follow the Unit #3 Webpage or the HHS Facebook Page for more announcements.



# What's the green tea?

Spring for Savings

Madeleine DeNeal, staff writer

Spring is here, complete with greenery, growth, and plenty of allergies. Aside from the typical baby birds and bunny rabbits associated with the season, flowers are all the rage.

It's the time for planting, and if flowers are on your agenda, here's a few ways to save money and stretch those dollars across all seasons.

Unless all a person wants is orchids, most flowers will grow anywhere. Try starting some from seeds. A majority of stores have huge displays full of seed packets that contain anywhere to three to five for \$1. Stock up on some pretty ones. They won't come out exactly like the packet, though, because there is no way to guarantee there's not a pink or blue variant inside of a packet with a purple photo.

Growing instructions are always important, but seeds are made to be eaten by birds and pooped onto dirt, so a little bit of leeway isn't a crime. Get a starter pot. These can be recycled old bottles, cardboard filler bits, or purchased from a gardening section in a department store. Place each seed accordingly and water as often as the packet says. There are also several helpful online or text resources available if a person would like to take it a step further. Start the seeds now or at the very least early April.

My recommendations for first-time flower growers are as follows: Start small. Marigolds, zinnias, and morning glories are quick and satisfying to grow, and in my experience, will usually survive any watering or sunlight mistakes. The best option, in my opinion, is to plant perennials. Perennials such as daffodils, lilies, irises, tulips, or any other baby-bulbed flower will come back on their own during a growing season, and they expand their growth rate each year. Where one lily or tulip was planted one year, a second or third may cluster later on.

No matter the case, choose flowers that are right for the growing situation and land available and just plant them. There's nothing worse than a box of untouched seeds in the corner, reminding a potential gardener of what a failure they are.



# Bully for you

Tropical storm to strike prom

Rheis Wasson, news editor

Well, quite possibly one of the best ideas for prom was shot down by this year's committee, but let me just say that out of ALL of the other themes that were at least interesting, why choose a TROPICAL theme? That's easily the least interesting prom theme I have ever heard of.

Now, I know that our last year's theme wasn't the greatest in the world or in the history of ever. It was Midsummer's Night, and it was all right, but why do we really need to have two flower-themed proms in a row? Like I get it that they are pretty, but come on, add a little bit of soul to your ideas.

Personally, I think that they should have kicked off the new decade with a 20s theme. Think like almost a mobster vibe, minus the whole murder thing.

The idea of a tropical theme is just so bland and overdone that it leaves a bad taste in my mouth. Why not a funny prom theme where people could dress like idiots– pirates, or space or just something that people can laugh at. In short, be original.

Now, I know that it is just one little thing that will barely make a difference in the grand scheme of things, and I'll concede that there are worse ideas for prom, but my goodness, the lack of imagination is astronomical.

The committee could have taken an idea from FFA and had some sort of country type prom, which is at least accurate for our area, complete with I the boots and mud we all love so much.

I'd be interested in knowing why we passed on a 20s theme for prom? Why did they feel that it wasn't a good idea for this year? Was it too dumb? Or too serious? I'm genuinely curious as to why they shut down the idea. Because I think that the positives definitely outweigh the negatives.

Just think of the cool and creative dresses and suit mash-ups for the dance. The decorations would be something to behold in my opinion. The 1920s was an amazing time for American culture, which led to some great architecture, cool designs, and awesome styles both for men and women.

To close I'd really like to go back to the subject of creativity. It's something that I feel was lacking in this year's prom theme, and though tropical isn't the worst, I truly believe we could have done better. For next year's juniors, take my advice and have some fun with your ideas and try to think outside of the box.



# Persinger plans for recycling

Kari Persinger, guest column

It's crazy to think about all that trash that we put in our bins. We don't think about where all that stuff goes after it is picked up by the trash trucks? If we could just even recycle a few items each time we could in time, recycle everything that we use.

Consider these facts:

•According to the Recycle Across America, if we can recycle at least one aluminum can each day, we can save enough energy to run a 100 watt light bulb for exactly 20 hours.

•According to a November 14, 2018 blog by Rubicon Global, every three months, Americans will throw away enough aluminum to build our nation's entire commercial fleet.

•By recycling plastic, we save twice as much energy as we do if we were to burn it.

•When we recycle one ton of paper, we can save exactly 17 trees.

These facts don't even address how the natural world benefits when we reduce our need for raw materials and eliminate the pollution caused by waste. Without recycling, all that is left is harmful chemicals and greenhouse gasses released from the rubbish in landfills.

I will admit, a lot of us work all day and come home late at night and the last thing we want to think about is "Did I recycle those five coffee cups?" because let's face it, we all have those days where we feel like we are working ourselves to death. But just think– if all of us would recycle, how much better the world would be. When we recycle we are making our community a better place, but most people prefer to choose the path of least resistance. My research showed that nine out of ten people said they are more than likely to recycle if it were "easier." If it's something that seems to be inconvenient, then they may feel like they don't have the time or the energy to follow through. lead and provide the opportunity for people to recycle.



# Sara's skin care cheat sheet

Tools aren't tacky

Sara Wangler, feature editor

Some may say beauty tools are useless, but I say they are essential. I guess a mini refrigerator might seem a tad unnecessary, but I get a lot of use out of it.

I bought the fridge on Amazon for about \$60, on the pricier side, but an amazing investment so far. It is designed especially for skincare products. It has a cold and hot option plus it's portable.I've taken it to sleepovers and on vacation.

There are various colors, I have the red one and it looks very retro. It's kind of like a fridge from the 50s or 60s, and it gives my bathroom counter a whole new look.

Luckily it's small, very space-saving inside and out. As small as it is, I have enough room for all of my many products. There is one shelf and a basket on the back of the door for sheet masks, as well as two cables to plug into an outlet or the car.

Like I said, it seems very unnecessary but there is nothing like cold skin care. Every product is so much more refreshing when cold. And the products absorb faster, when the face is nice and hot, pores open. The cleansers, serums and moisturizers seep into pores much faster.

Inside this magnificent little refrigerator lies my jade roller. Now, ever since I bought this tool, my face is much less puffier in the morning, and I look less tired. I can really tell the difference especially in the morning. A roller can also prevent wrinkles or creasing according to Girl Boss, I hope by using the roller my skin will age slower.

There are three types of rollers that I have seen– rose quartz, jade and opal according to BeautyBio. Rose quartz stays cooler, is better known for wrinkle prevention and will last longer due to the stones properties. These rollers vary from \$12-20. Jade is adaptive and will heat up when coming in contact with the skin. Jade is also less durable than rose quartz while having the same price range as rose quartz. Opal is my personal favorite, these rollers can be found on FourthRay beauties' website for a whopping \$18. While having the same cooling and wrinkle preventing qualities as the other two, opal fights off acne causing bacteria, brightens the skin and promotes lymphatic drainage.

I swear by both of these products, even though some say they are useless and a waste of money. But take it from someone who eats, lives and breathes skin care– it's worth it.

# Litter is no laughing matter

When looking at a park, what comes to mind? Children laughing and playing, brightly colored equipment sparkling in the sun, and bits of plastic dotting the grass or blowing in the wind like some sort of urban tumbleweed. Trash cans are abundant, but the only items that seem to make it in are halfempty Gatorades and Solo cups.

According to Green Eco Services, 75% of Americans admit to littering within the past five years, whether it is conscious littering, spilled household trash or micro wastes.

So why do we litter? What drives the human race to immediately ditch an unwanted item instead of putting it in the right place? The minute a person expects his or her trash to be somebody else's problem, they are no better than what's being thrown out.

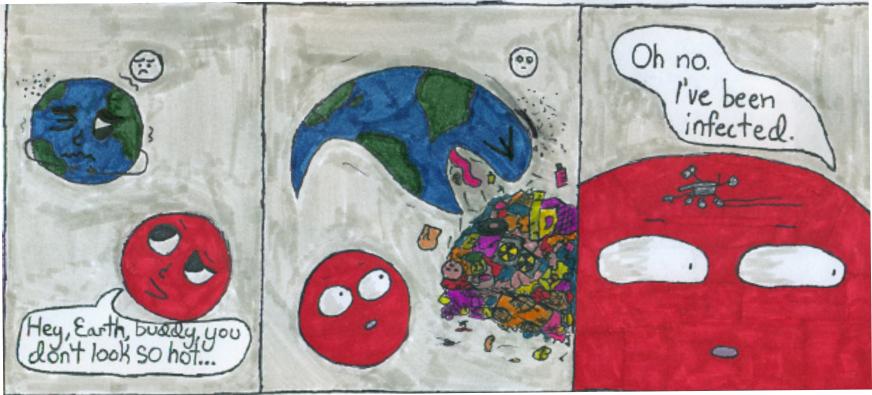
While some people defend littering by saying it keeps their specific living space clean, it's convenient or they have a lack of proper waste disposal, there is no reason why improved measures cannot be taken to combat this issue.

In matters of convenience, ditching litter as soon as it is no longer useful is not good for the environment.

In my opinion, the biggest reason people litter is because it's easier than searching for a trash can. According to Chicago.gov, "People litter because they do not feel responsible for public areas like streets and parks. The more they litter, the more it becomes a habit, and the worse the community looks."

But trash cans are everywhere. Our school parking lot is full of them, yet every day students decide to drop their pizza boxes and sandwich bags right outside of their cars. It's not only detrimental to the environment, dangerous to animals who may decide to get under a vehicle to go after the scraps, but it's also downright disrespectful to every person who is hired to clean up after them. It's not always easy to get affordable trash disposal, especially when a person lives off-route or is accidentally skipped every other week. Not to mention, trash services are expensive. According to the Yellow Pages, Home Advisor, and a locally conducted survey, the average person in Harrisburg pays \$15-\$30 per month for waste removal. This is calculated based on the size of the unit being emptied, the location of the home, and the actual weight of the trash being disposed of. To combat this, try limiting the amount of trash produced, measure the size of the can being emptied to ensure the lowest possible cost, and see if the service has a bi/trimonthly discount for longtime users.

It is always important to make sure that when disposing of waste, keep it out of reach of any small critters, and always bag biowaste to keep the people and animals who come into contact with it safe from harm.



"Coronavirus isn't the only pandemic we should be worried about..."

Cartoon by Madeleine DeNeal

"Sometimes peopleare just too lazy to find a trash ...senior Maddi Ladd
"It's more convenient if you don't have a trash can around."....freshman Chase Sullivan
"It's more convenient if you don't have a trash can around.".....freshman Chase Sullivan

## The Purple Clarion • Harrisburg High School • 333 W. College St. • Harrisburg, Illinois 62946

The Purple Clarion is an unbiased, student-produced news, sports, feature and opinion publication dedicated to accurately reporting events that interest and impact HHS students. The Clarion is a proud member of the Southern Illinois Scholastic Press Association and a multi-year winner of the Blue Banner Award for excellence in scholastic journalism.

#### **Editorial Board**

Madison McClusky, news editor; Hannah Reid, opinion editor; Selina Wang, CPS editor; Haley Sullivan, sports editor; Sara Wangler, feature editor

Staff Writer Madeleine DeNeal, Rheis Wasson,

### Letters to the Editor

Letters should be signed and submitted in person to faculty adviser Cathy Wall within the first two weeks of the month. All submissions are subject to editing for length at the discretion of the opinion editor and once submitted, become the property of the paper. All letters should be in good taste, omitting profane language and libelous content. Content in published letters do not necessarily reflect the opinion of the Purple Clarion staff.



Nation Celebrates 50th Earth Day Next Month

## Local environmentalist hopes to create greener city

By Sara Wanglar, Feature Editor

During the 70s, coal was booming, many plants were flourishing and jobs were present. But that is not the case anymore according to Aur Beck.

Beck is a twenty-year veteran in the solar and electricity field. His company, Advanced Energy Solutions, installs solar panels to various businesses and residents. His products are present in North America and South America, providing solar power to combat climate change

My passion resonated from my small, poor county in Tennessee," Beck said. "At the age of fourteen, I saw a solar-powered fan and inspiration struck. Since then my drive for creating a cleaner and safer environment has skyrocketed. I love the earth and I want to help in any way I can.'

As he was growing up, Beck travelled with his gyspy father all over the country. The lifestyle of minimalistic living has carried with him into adulthood. Becks' was homeschooled, and so his schooling was more personalized and suited to his passions. This according to Beck is why he has come thus far.

In addition to his solar company, Beck is a speaker, teacher, radio talk show personality, environmentalist and part time salsa dancer. His line of work requires good communication skills, something he has struggled with in past years, as he is a very shy and introverted person.

When he started his company, he made a bucket list. On that list included ways o overcome shvness

As his business grows Beck hopes to contribute his work to other more underdeveloped countries " I would love to go to Africa and give my time."

Beck said. " I think solar power would solve a lot of problems there?

Beck has also written self-help guides for those who are interested in overcoming the need for fossil fuels. "I teach people how to simplify their lives." Beck said. "I call it living off the grid. By living downtown I walk most places Beck's solar panels are designed to be the only source

of power.

"I specialize in off the grid style power. These panels have to work or there is no power," Beck said. Beck's main goal is to educate and raise awareness of what is happening to the earth

"The youth is what is going to change the future,"

Beck said. "As an energy efficacy advocate, it is my job to inform and educate people on how they can make a difference, even if it is by changing to a more ustainable light bulb."

## Scouts learn the importance of environmental conservation

By Madeleine DeNeal, Staff Writer

annual Earth Day with a trash pickup, organized by troop Travis DeNeal and First Presbyterian Church

This April, the local troop will celebrate the

Since 1910, Scouts BSA has developed a program to teach children about the importance of the environment and onserve it for future generation

From then on, troops have come together to enforce this m teaching children from ages 11-18 exactly what it means to the earth

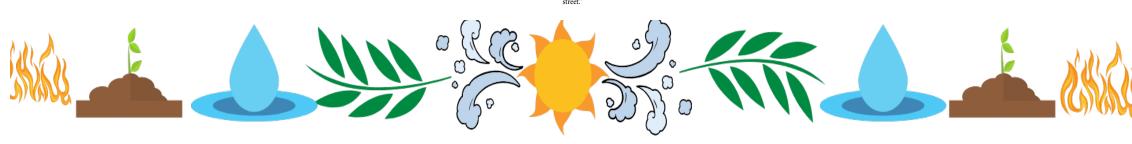
"This year, because it is the 50th annive

Earth Day, both our scouts and church members wanted t a special emphasis on litter removal on that day," DeNeal sa According to DeNeal, the trash pickup does not only ben ommunity and environment but also those involved. It offer munity service hours for rank advancement, and in the case of older scouts, resume building

This coming April, the troop will also focus on

educating younger scouts on the importance of keeping the community clean in correspondence with the event. The lessons will take place during weekly troop meetings

"In 2018. the First Presbyterian Church wanted to do something to improve the community," DeNeal said. "They 'adopted' a section of Commercial Street. What that means is that church members and ons such as Harrisburg Troop 23 Scouts BSA periodically pick up trash along that



## How does nature impact the wellbeing of humans? Nature Restores & Connects Nature Heals & Soothes

Being in nature, or even viewing scenes of nature, reduces anger, fear, and stress and increases pleasant feelings. Exposure to nature not only makes you feel better emotionally, it contributes to your physical wellbeing, reducing blood pressure, heart rate, muscle tension, and the production of stress hormones.

In addition, nature helps us cope with pain. Because we are genetically programmed to find trees, plants, water, and other nature elements engrossing, we are absorbed by nature scenes and distracted from our pain and discomfort.

Time in nature or viewing nature scenes increases our ability to pay attention. Because humans find nature inherently interesting, we can naturally focus on what we are experiencing out in nature. This also provides a respite for our overactive minds, refreshing us for new tasks.

## Go Outside More **Stepping outside** occasionally can nelp you appreciate nature in all its

Get Reusable Bags Cut out the plastic 🚦 🗽 and take reusable bags with you when 👔 you go shopping to cut down on waste Recycle

Take the time to sort out your trash. Mother earth will thank you.

Start Gardening You can produce sections in your backyard, and it'll add more oxygen in the atmosphere.

Make your own cleaning product **Use Vinegar and** orange peel for a nontoxic cleaning product

# **EARTH DAY TIMELINE**

Earth Day 1970 gave a voice to an emerging public consciousness about the state of our planet

issues onto the world stage.

change deniers.



Today, Earth Day is widely recognized as the largest secular observance in the world, marked by more than a billion people every year as a day of action to change human behavior and provoke policy changes. https://www.earthday.org/histor Infographic by Selina Wang

#### Start Composing Don't throw way our organic trash. You can turn it into fertile soil than can help feed plant life.



Ways to enjoy mother nature

Infographic by Selina Wang

https://elearninginfographics.com/10-ways-to-make-everyday-earth-dav/

ne 50th	According to DeNeal, the trash pickup was inspired partially by the large "epidemic" of litt
leader	that built up throughout the town from late 2016 to early 2018.
	"The worst instance of litter accumulation in Harrisburg that I know of happened in spring of 201
young	DeNeal said. "So much litter was swept into the waterways that flow toward the city's large floo
how to	water pumps. This caused them to stop working and led to extensive flooding in our town."
	According to DeNeal, the reason litter has become a problem is because people in the con
essage,	munity do not care. Fast food bags are thrown from vehicles, plastic containers, wrappers, and cu
are for	being dropped on trails are just a few examples that he has seen.
	"Some people still want to appreciate the beauty of nature," DeNeal said. "But others do not want
ary of	have any responsibility when it comes to keeping a clean environment."
o place	Trash pickups are not uncommon. According to the New York Post, the 2019 city-hosted "Tra
aid.	Blitz" collected a total of 8,600 trash bags.
efit the	Sophomore Isaiah Underwood participates in localized activities through Scouts BSA.
's com-	"I do cleanups in the summer to keep the environment clean," Underwood said. "I think it's a go

thing to do that, especially to help the health of plants and animals

Though the idea of getting out in the elements and picking up after other people is not any person first choice, DeNeal encourages any person willing to spend some time cleaning up a small area of stretch of road to do so for the greater good

'I would recommend taking a short walk in your neighborhood and bringing a trash bag. Ever taking ten minutes to pick up litter will make a big improvement," DeNeal said. "For one person to pick up a lot of trash, it could be overwhelming. If more people see others working to undo the damage, it may be cause for them to get involved. If we had several people trying to improve our env nent, then it makes it easier for everyone as a whole.

## "Nature deprivation is a lack of time in the natural world, largel due to hours spent in front of TV or computer screens, has been associated, unsurprisingly with depression. More unexpected are studies by Weinstein and others that associate screen time with loss of empathy and lack of altruisr

As 1990 approached, a group of environmental leaders approached Denis Hayes to organize another major campaign for the planet. This time, Earth Day went global, mobilizing 200 million people in 141 countries and lifting environmental

Earth Day 2010 came at a time of great challenge for the environmental community to combat the cynicism of climate



### Sports

# Baseball sees full roster return, adds RLC signee to lineup

#### Haley Sullivan, sports editor

With a record of 30-9 from last year's baseball season, the team has a big goal to work towards for the season, hoping to win 35 games according to junior Javie Beal.

With a full roster returning, the team rounds out their lineup with a total of seven seniors, five of them college baseball signees.

'Even though most of our starters played as underclassmen, we have all been around long enough now and have seen how to play in the postseason," Beal said. "We have more experience, so it will be fun to watch. We didn't lose any players from last year, but we gained a great player, [senior] Nick Hunter, so we are loaded."

Hunter, a utility player, is joining the roster for his first season as a Bulldog to round out the lineup with another strong defender and a tough out at the plate according to Beal.

"I'm mostly excited to get to take the field with the greatest friends I have ever had, as well as getting the opportunity to play for Coach Thompson and Coach Crabb," Hunter said. "There are so many differences this year from my prior seasons at Herrin. A huge difference for sure has been my mentality and outlook on the game. I haven't been this excited to play baseball in a long time."

According to junior Noah Boon, the team's biggest challenge for the season is expected to be their ability to "block out the outside noise," but they feel they will be able to overcome this challenge by "taking it one game at a time."

'One key difference our team has from other teams is our chemistry on and off the field," Boon said. "Our work ethic and determination are great. We all push each other to work hard and stay positive. We all know that, as a team, we can accomplish many big things."

According to Hunter, the team plans to use this chemistry to perform their best against some of the toughest competition on the schedule this season.

"I feel like our biggest goal as a team is to play at our best every game and to never settle," Boon said. "I feel like if we play like this, we can achieve any goals as the season goes on. The toughest competition we will face this season is probably going to be the teams that we usually play from up north that come from 3A and 4A schools, but I feel like our team is good enough to compete with them."

After last season's impressive record, the team plans to build on that this season, according to Beal.

"We all know that we can better last year's record and hopefully get 35+ wins," Beal said. "We are great defensively, and our rotation is one of the best. We just have to hit all year around. With a team like ours, we are all hoping to draw big crowds at our games this season as well."



Senior Connor Phalin signs his National Letter of Intent to play baseball at Southeastern Illinois College.



Senior Will Holland signs his National Letter of Intent to play baseball at John. A Logan College.

# Softball team rolls into season with five collegiate signees

#### Selina Wang, CPS editor

Last year the girls' softball team had a record of 31-7.

The team is hoping for similar success this season and maybe reaching even further accomplishments.

As of March 9, there are five seniors who have signed to play softball.

"(Senior) Haley Sullivan has signed with John A. Logan, (senior) Hannah Reid to Rend Lake College, (seniors) Essence Sanders and Mya King are both going to SIC and I'm going to Geneva College," senior Maddi Ladd said.

The girls think this year will bring lots of competition.

"I definitely think Massac County will be some good competition," Ladd said. "They have a solid team with good pitching. It will be down to who can hit the ball that day."

The team practices one to three hours a day from Monday to Saturday.

"I have a fixed feeling for softball starting," Ladd said. "I'm excited because I'm one step closer to being able to achieve my childhood goal of becoming a collegiate athlete but a little sad because I will be closing the book of being a Bulldog."

Ladd has played for the Midland Magic and the Indiana Gators travel teams. She has also played softball throughout her high school career.

"I started playing when I was technically three, so 14 years is how long I've been playing," Ladd said. "I think most of my favorite memories are of traveling with my mom all over the country like going to Florida, Georgia, Tennessee and Texas to name a few."

There are currently eight seniors on the team in total.

Junior Riley Wright started playing softball in "either first or second grade."

## Three up, three down Attitude of an athlete reflects in image



Haley Sullivan, sports editor

As an athlete, I have heard hundreds of times throughout my athletic career that student athletes are held to a higher standard. It has always been a rule of thumb, but very rarely do many athletes stop to question why.

When an athlete is playing in a game, he/she represents the rest of the team, the school and the respective town. As an athlete I can remember playing teams that had an unsportsmanlike athlete and thinking "this school has no class" when it was time to play that same team in following seasons, despite the fact that it was only one person on the opposing team acting like a fool. If one of my own teammates were acting that way, I would be embarrassed to be on the same roster as her.

According to Heather Reid in an article from Sports, Ethics and Philosophy, the idea of athletes being portrayed as role models dates all the way back to ancient Greece when Olympians were seen as heroes. In modern times, athletes still play this role due to the social justification that is the media. Even high school athletes are seen as role models. Younger children see the way athletes behave on the court/field and repeat these behaviors in their own sports. A young athlete may see an older athlete doing something wrong or unsportsmanlike and think that it is okay to behave that way because he or she did it. Not only does poor behavior hinder an athlete's reputation, but it also impacts the decision making of those looking up to that person.

Poor behavior on or off the field/court for an athlete should see consequences.

Playing a sport is a privilege. A high school student is not entitled to a starting position, playing time or even a spot on the time. Student athletes often overlook this and are confused by a coach's decision to punish them when repercussions at school are not nearly as harsh to students that don't participate in extracurricular activities. Playing a sport is something that athletes should enjoy and be seen as an incentive for positive behavior, rather than something children feel they should have handed to them just because they have always played.

An athlete having experienced being pushed by a coach should know what it is like to build upon mental strength, learning an entire new set of skills.

According to Thrive Global staff writer Dan Macadam, athletes learn many life lessons through sports, such as integrity, attitude, teamwork, persistence and many others. These skill sets can and should be applied in one's daily life, and athletes should be held accountable for utilizing these skills. Being mentally tough teaches athletes to strive towards learning these lessons, and both athletes and coaches should be pushing one another towards this goal.

With the competence of a student athlete, one should be prepared to be held to a higher standard than a high school student that does not participate in extracurricular activities.

Athletes should be held to a much higher standard of responsibility and maturity. Sports are a privilege, not a right, and should be treated that way. Behavior should be a top priority, not just for athletes, but for coaches as well.

"I started with tee ball, and I just remember how much I loved the sport and all the memories I have made from it," Wright said.

Ladd believes that the catcher is also a very crucial part of softball because they are the voice of the field. They help choose the pitches the pitcher will throw.

"My primary position is catching, and my secondary is third base," Ladd said. "I believe catchers have control of the pace of the game and can control the game.

Wright thinks the underclassmen are adjusting to the team very well, but with time and patience, they will be more comfortable.

"Since I'm the only junior on the team this year, I'm feeling some stress about not letting the team down and trying to help the younger people feel more comfortable, but I believe we will have a very successful year as long as we try our hardest and never give up," Wright said. "My goals for this season is to work on my hitting and fielding and help out any way I possibly can."

Ladd feels that the softball team will have a solid foundation with some great batters, pitchers and fielders.

"I think we have built a solid foundation for our team this year. We have some great bats and good pitching and fielding. I think the main issue will be figuring out lineups and where people should go in the lineup," Ladd said.

Senior Mya King, an SIC softball signee, hopes for success in the postseason this year.

"I'm really excited [about my senior season of softball]," King said. "I can't wait to play my last year of highschool with my best friends even though it will be sad. I hope we go as far as we did last year or even farther."

# New coach hired for soccer

### Hannah Reid, op-ed editor

The girls soccer team has high expectations for the upcoming season according to junior Maya Robinson.

"With the new coaches, it's been a struggle to adjust, but we've talked it out as a team and have done team bonding since we were so close last year," Robinson said. "We just want to keep that same momentum. We've practiced together a lot, and we have team bonding at the end of practices to help us get closer."

They're equally committed to growing close with the incoming freshman, according to junior Hannah Proctor.

"The freshmen on the team have overcome my expectations. They have good attitudes and always try their best." Proctor said. "They have a lot of talent coming up."

When it comes to goals for the season, many are focused on teamwork and on performing to the best of their ability.

"Our team has already come a long way since tryouts, and I believe we have a good chance of winning games if we all try and work hard," Proctor said. "We plan on progressing by trying new drills and working even harder in practice and working on conditioning more."

During pre-season workouts, the team plans to push harder according to sophomore Jersey Willis.

"To prepare for this season our team has been doing conditioning, such as running two miles, running three miles, lifting in the weight room, practicing from 3:30-6 p.m., stuff like that." Willis said. "We have also been working on team bonding and getting to know each other

to get closer to the team." The team has also learned to adjust to

different techniques according to Robinson.

"With Coach Butler my first two years, I've felt myself grow. But with this new coach, I know the growth will be different, but I know it's for the best," Robinson said. "I feel like I have the responsibility to take care of the team and to keep a good tone throughout with everyone."

## Anatomy of a soccer ball

- A matchball should be roughly spherical Circumference is between 27-28 inches
- Weighs between 14-16 ounces

 Stitched from 32 panels of waterproof leather (12 regular pentagons, 20 regular hexagons)

Infographic by Haley Sullivan/Canva.

## Track season postponed due to COVID-19 outbreak reaching U.S.





Photos by Sara Wangler.

(Top) Junior Lauryn Gribble waits to position herself for a race at a Marion Indoor Invitational Meet. Freshmen Emma Bolin (bottom left) and Sidney Neal (bottom right) push through the finish of their races at Marion Indoor Invite. Madison McClusky, news editor

Due to the recent outbreak of the virus COV-ID-19 all spring sports including track have been cancelled.

Those participating in track were only a few meets into their season.

"I feel it's really important for us to be out of school, for our and the staff's well being because I don't want to get sick and I'm sure nobody else does either," sophomore Aubrey Pullum said. "I do miss track but it also gives my body a rest so it's not overworked and tired."

According to senior Victoria Thai, she believes the break may not affect her much as an individual. "I believe this break from school will have a

slight effect on my training and my other teammates," Thai said. "I say slight because I have tried to keep working out to keep my muscle and endurance up."

Since the cancellation of spring season, there has been an uproar of hurt and anger from this years graduating senior class, Thai included.

"I am very heartbroken with this whole situation and knowing that this is my last year to compete I didn't work for six years to just have my last year taken away," Thai said. "This was the year I was going to work my hardest and be the best I could be. And it's gone, just like that. I am hoping that we return soon and things go back to normal."

For senior Easton Wallace, this season means more to him than just competition and making it to State.

"After missing out on state last year by 0.5ths of a second it really sucks because this year after indoor season I was ranked 22nd in Illinois," Wallace said "The feeling sucks and brings in a lot of sadness because the guys we have on this team all get along and it's nothing but hard work, and laughing together while maintaining focus."

For Wallace, this year's track season is his last opportunity to participate in a sport in high school.

"I'm really burned on it honestly mostly because this being my senior year and my final high school sport before I'm off to the air force," Wallace said.

According to Pullum the only benefit given from being out is to their health, but if they are to return there should be no issues.

"This is beneficial to our health but not so much for our stamina," Pullum said. "If everyone on the team is practicing social distancing and keeping up with their running or just practicing for their event I don't see why this wouldn't be considered a benefit to us.I don't see why my teams progress would be any different because we are all dedicated to that sport and want us to be the best we can be."

Personally Pullum feels as an individual she is being given an opportunity to improve over this time we are off.

"If we were to go back into the season I know it won't affect my progress because I have been keeping up with my running and as well as getting more into shape for it," Pullum said. "I think I will be better than I was before because I'm more conditioned."

With hopes of staying in shape for the remainder of the season and, potentially, future seasons, junior Trenton Case has spent his quarantine doing speed and agility training on his own.

"I've ran track for three years, and I hope to earn a scholarship so I can run at a collegiate level," Case said. "The COVID-19 quarantine has been a bump in the road with this season, but hopefully I can stay in shape and come out of this even stronger to perform well if we get a season this year."



# **All in the family** Student athletes follow in the footsteps of parents

### Haley Sullivan, sports editor

It is often heard that young children want to be just like mom or dad when they grow up, and sports show no difference in this trend.

In a small community, like Harrisburg, there is often a statistical trend showing that children whose parents played a particular sport in their youth tend to participate in the same sport, creating a multigenerational line of same-sport athletes.

I played baseball from the time I was about four years old, and I eventually went on to play four years of college baseball," vice principal John Crabb (1988) said. "I only played football in high school because that was the only time it was offered to us. There really wasn't 'getting into sports' back then. It was just what everybody did. Whatever season it was, that's what you did."

Like his father, senior Isaac Crabb developed a love for both baseball and football.

"I got into baseball when I was really little," I. Crabb said. "From the very first time I picked up a baseball, I loved it. I always loved football growing up too. I've played since my freshman year."

According to J. Crabb, he has coached his son for several years, and seeing the individual successes of him and other athletes he has coached has allowed him to grow as a coach and father as well.

"Playing the sports that my dad played when he was my age is really cool to me because it's like I'm constantly playing with the greatest mentors and coaches around," I. Crabb said.

This mutual love of the game has sparked a sense of pride for J. Crabb, both as a parent and a coach.

"It makes me proud to see Isaac getting into sports that I used to play," J. Crabb said. "I've tried, probably not too successfully, to push him to like the sports that I like. It makes me really proud to see him follow with baseball and to know that he is more talented than I was. For him to like sports gives us a bond that is beyond just a father and a son."

According to I. Crabb, playing under his father as a coach has provided a level of understanding that most athletes that do not get because of the father-son bond that comes along with communication both on and off the field.

"To a certain degree, I feel like my background in baseball has had a bit of an impact on Isaac as a ball player," J. Crabb said. "I think he has worked hard to push himself as a baseball player and an athlete more than anything. He has learned a lot along the way, but I feel like I have been able to teach him a lot throughout the years as well."

Like the Crabb family, senior Lydia Miller has followed in her mother's footsteps, participating in both basketball and cross country.

"I ran cross country and played basketball all four years of high school," Harrisburg alum Andrea Miller (1993) said. "I had run the mile in junior high and was pretty good. I went to some volleyball workouts the summer before high school and couldn't serve the ball (we didn't have volleyball in junior high), so cross country it was. I had played basketball in my yard for years and I was six-foot-two, so basketball was a no-brainer."

Though she got into these sports for different reasons than her mother, she shares the same passion for each sport that her mother had at her age, according to L. Miller.

"I've played basketball since about first grade, so I've been playing for about 11 years now," L. Miller said. "I got into basketball because my parents signed me up to play All-Star basketball. I decided to run cross country this year to help me get in shape for basketball after recovering from an injury."

According to A. Miller, watching her daughter play sports has impacted her as a parent by allowing her to see her reaching major athletic accomplishments.

"Just watching my kids play has affected me as a parent," A. Miller said. "It has nothing to do with the achievements. I just like watching them do what they love. I think that me playing has helped her with the sport because we are both tall and understand the post position really well. I am sure that it was more than a little bit annoying for her to hear me yell 'pearls of wisdom' from the stands throughout the years though."

L. Miller went on to say that she has learned throughout the years to listen to her mother's advice on sports, despite having butt heads over her knowledge many times.

"Having my parent know how to play did help because she was able to make me a better athlete," L. Miller said. "One time while we were working on a basketball drill, I thought my mechanics were right, but I was doing it wrong. My mom corrected me and I got really mad and started yelling, then stormed off. Then I had to go back and apologize. It's funny how dramatic I can be about sports, but I think my mom's knowledge has helped me to be more skilled. She can watch the games and tell me what it is I'm doing wrong and how to fix it."







**Sports** 



Keystone photo.

Photo by Haley Sullivan.

Andrea Miller (1993) running cross country next to her daughter, senior Lydia Miller. A. Miller ran cross country all four years of high school, while L. Miller only ran her senior year of high school. Both also played basketball.





Photo by Haley Sullivan.

Keystone photo.

Senior Isaac Crabb following in his father, John Crabb's (1988), footsteps as a catcher. J. Crabb went on to play four years of college baseball, and I. Crabb has taken his first steps as a Wabash Valley signee to do the same.



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## Feature



(Left) Senior Lily Hart is pictured smiling with the rest of her bandmates. Hart is pictured in the bottom left corner.

(Right) Lily Hart waits for direction from theconductor amidst at a packed Friday night football game.



Photo by Sara Wangler.

Photo provided.

# Student continues love for playing flute after high school

Sara Wangler, feature editor

Ihroughout high school, senior Lilian Hart has played the flute and participated in the band. But as Hart closes this chapter of her life, her love for the flute continues.

"I've been playing for eight years and plan on teaching music lessons as a side ob." Hart said.

Furthering her career and education in music involves connections, like many other obs

"If you're starting up on your own you have to advertise, or if you know some local band directors, they can spread the word that you're teaching and recommend you to some students," Hart said. "There are also music shops that sell music and instruments and perform repairs, and sometimes they hire private music instructors. As long as you know what you're doing, are good with your certain area of music/instrument, have some kind of degree in music, and have some connections, you should be able to make it a job."

Since her start, Hart knew music would stay with her, even if it wasn't her main focus. "I've always wanted to continue doing something in music. At first I wanted to go into it professionally," Hart said. "But as I grew older, I realized there was something else I wanted to be my main focus, but I definitely want to keep music in my life, keep performing, and help others with it."

Over the years Hart has been in various competitions and won countless solo awards. "I've been in many honor bands, such as River-to-River, Bi-State, ILMEA, ILMEA All-State, and I've participated in solo and ensemble competitions almost every year," Hart said. "As for awards, I've been given the John Philip Sousa Award two years ago for Humanities Night, and have been rated first places for my solos I have performed at solo and ensemble."

Hart hopes to help those who want to learn how to play the flute.

"Just go for it, and even if it gets difficult don't give up. In the long run it's definitely worth it. Playing music will help you grow as a person, make friends and memories," Hart said. "Just add on to the things you enjoy, but never forget to practice. If you do, you will be on the struggle bus."

After playing for so long, many memories surface according to Hart.

"The best memory, which goes for everything I've been involved in musically, is the few seconds after I or we play the last note of the piece or concert," Hart said. "That's when the audience gives an applause, and I'd stand there with a feeling of accomplishment while having a quick flashback of everything that happened to get to that moment.

"For honor bands, I'd always feel grateful for being able to play with other talented musicians under the guidance of a unique, yet fun, conductor. I feel that music is an invisible force that brings people together, and when we play that last note, I feel like we are all connected for just those few seconds, as if we are a family. There have been many amazing memories throughout my high school experience as a musician, but that feeling is something I will never forget."

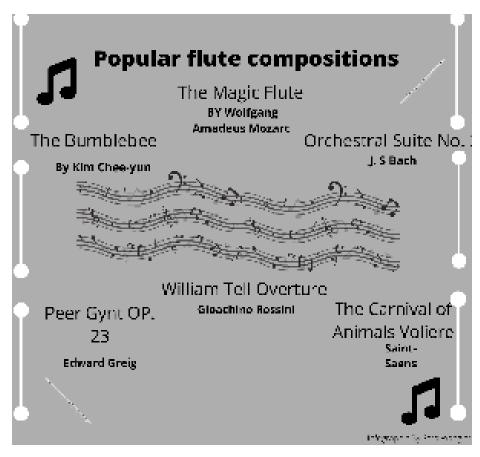
Through music Hart has been able to build her confidence.

"I've always been extremely nervous when I had to play in front of other people, so that has definitely been something I've struggled with for a long time," Hart said. "But after playing a lot for many different people, I feel that, even though I still get a little nervous, I have definitely gotten better."



Photo provided.

Lily Hart poses for a group shot of percussion and wind insturment bearing students.



# Welborn tends the needs of the furry, furocious

Jane Welborn is the owner of Tanglewood's Spa & Salon in Galatia. Welborn is a pet groomer.

"I bathe, blow-dry, style, and do nail trims for dogs," Welborn said. Tanglewood's Spa & Salon opened in 2013.

"I began grooming nine years ago, I was a retired teacher before I started grooming,"

said Welborn. Tanglewood's Spa and Salon offers overnight or daycare boarding in a loving environment with regular attention and deluxe accommodations.

According to Welborn, dog groomer must build a relationship with the dog to make the grooming process more successful.

"I enjoy grooming very much. I would recommend it, but you must love dogs, have a lot of patience, be willing to work hard physically, be good with people, and have some artistic ability," Welborn said.

Each dog has different fur types so a groomer must find the right technique to grooming the dog correctly.

"I love helping dogs feel and look better. I could live without the biters," said Welborn

Welborn received training before opening her own business.

"I attended 240 hours of training and then completed a three-month apprenticeship which required supervised grooming of 100 dogs in five different categories. I then worked for a corporate pet store for two years before I opened my shop," Welborn said.



Welborn takes a picture of a completed and perfectly detailed poodle pamper session. Including a happy pup and hankercheif. Welborn works an average of thirty to forty hours a week at her local shop. The most time-consuming part of her job is detangling pups that she doesn't see regularly.

When working with a dog, Welborn says that she must "shave pads, under eyes, under ears, armpits and then I move to pluck ear hair if needed. I then do a pre-bath clipper work, then to wet the coat, empty the anal glands, shampoo, and then rinse. I then proceed to dry completely with a high-velocity dryer than to post-bath clipper work. Finally, I will trim and Dremel toenails, reshave pads to hand scissor feet, legs body and end it with a spray of cologne, tie on a bandana or insert a bow." Welborn charges how much for this service?

Welborn's family was very supportive of her career change.

"My family is my biggest fan," said Welborn. "They encouraged me to find a career that made me happy."

According to Small Business "The median salary for animal care workers in the retail industry, which includes groomers, was between \$23,000 and \$24,000 as of May 2017. The top 10 percent of earners in this category can be estimated to make more than \$36,000 annually while the lowest 10 percent earn less than about \$18,000."

According to The Balance Careers, "Americans spent \$4.16 billion on pet services in 2012 alone, and that number is expected only to increase."

Welborn's advice to high schoolers is to "do what makes you happy, but remember you have bills to pay."



Welborn applies finishing touches to her furrry friend after bathing and trimming such a big job.

Photos provided.



Does being in a high energy, fast-paced work environment appeal to you? Maybe you just love to interact with the public and use your creativity to express yourself and enhance the beauty in others. If so, Cosmetology may be a good fit for you!



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