

Upcoming Events



Feb. 17-
No School

Feb. 17 & 18-
IHSA Speech State

Feb. 20-
No School for Presidents Day

Feb. 22-
SISPA for Journalism

Feb. 24-
11:30 Dismissal

March 9-
Parent/Teacher Conferences

March 17-
11:30 Dismissal

March 17, 18, 19-
Mary Poppins

April 1-
Journalism Sectionals

April 3-7
Spring Break

April 29-
Prom

May 9-
Humanities Night

May 10-
Good Dogs Day

May 17-
Baccalaureate

May 20-
Graduation

Speech team excels in IHSA series

Francesca Messerschmidt

The speech team is off to a great start participating in the Illinois High School Association (IHSA) State Series. For speech, state series is a competition where each team sends one person per event to speak.

The team has participated over the last few months in six tournaments all across the state to prepare themselves for the statewide competition. They traveled to the Regional meet at Waterloo High School Feb. 3. The team took second place overall, scoring 65 points against nine other schools.

“My goal for every year is for the students to perform their pieces as best as they possibly can,” assistant coach Hannah Nance said. “As long as they try their best and leave it all in the round, I’ll be a satisfied coach.”

State series also features a special event called Performance in Round (PIR).

“It is basically like a short play; it can be anything,” Nance said.

This year’s PIR has a special place in Nance’s heart.

“Now and Then was one of my favorite movies growing up. It’s always been very sentimental to me,” Nance said. “This year, I knew we would have a lot of girls eligible to do the PIR, so I decided this would be the perfect year to do it.”

The PIR consists mainly of freshmen, but a few sophomores are also included in it.

“I expected it to be way more stressful than it actually is,” freshman Lilian Coffie said. “It’s way more of a team building activity.”

PIR was not the only event that had major success. Fourteen of 15 entered events advanced to Sectionals, which will take place in Belleville. Sophomore Bella Teston attributes their success to the coaches.

“My favorite part of speech this year has been working with the coaches,” Teston said.

This year, the speech team has welcomed two new coaches, Bradlee Thomas (2019) and Jillian Miller (2014).

“Coaching regularly and helping the students has brought me so much joy,” Thomas said. “I competed in speech all four years of high school, and for a scholarship, as well as competing in community college speech.”

Overall, members of the team feel prepared and excited for the competition.

“I have been really successful in my high school speech career,” senior Braxtyn Baugher said. “My sophomore and junior year I made it to state.”

The team also encourages new members to give speech a try, even if it intimidates people at first.

“There is an event out there where you can have success. It’s great for character building and makes you a more well-rounded person,” Nance said.



Photo by Francesca Messerschmidt.

Assistant coach Hannah Nance watches as freshmen Laikyn Dooley and Brittney Storms rehearse. The Performance in Round, “Now and Then,” took second at the IHSA Regional competition.

IHSA Sectional Qualifiers

Francesca Messerschmidt

Radio, first place

Bella Teston

Original Comedy, first place

Braxtyn Baugher

Prose Reading, first place

Bella Teston

Poetry Reading, first place

Braxtyn Baugher & Grant Dooley

Dramatic Duet Acting, first place

Grant Dooley & Natalie Beck

Humorous Duet Acting, second place

Natalie Beck

Humorous Interpretation, second place

Jocelyn Dismuke

Original Oratory, second place

Performance in the Round, second place

McKenna Boon

Informative Speaking, second place

Allison Dennison

Oratorical Declamation, second place

Brilee Holbrook

Extemporaneous Speaking, third place

Allison Dennison

Dramatic Interpretation, fourth place

Brilee Holbrook

Special Occasion Speaking, fourth place

Key Club sells suckers for sewing supplies

Kelee Mills

Key Club is selling suckers to raise money for consumer science Eliza Arnold’s sewing class. The money will go towards the materials that are needed for students to participate in the class.

“The money will be used to buy the needed fabric, thread and sewing items to help keep students sewing throughout the semester and future classes,” Arnold said.

The students chose to do this service project as their contribution toward bettering the school environment.

“Each year Key Club does one service project for the high school,” Key Club advisor Janet Hughes said. “Last year we sold the suckers to donate to the WOVSED autistic classroom housed in Eldorado; it serves students from our district.”

The suckers were a hit last year, so they decided to try and sell them again.

“From what I can tell the suckers are a big hit. We will be selling them through February or until we run out,” vice-president senior Bella Hankins said. “There are 10 suckers in each student’s bag, and they are being sold for \$1 a piece,”

The students get to sell as many bags of suckers as they wish.

“I have sold two bags of suckers so far,” freshman Sophie Rann said.

Arnold enjoys teaching sewing and is excited about the resources the sale will provide.

“I am having so much fun. I have 32 students enrolled in sewing class this semester, and they are eager to learn,” Arnold said. “The students have excelled in everything I have asked them to learn. We have started off the semester learning basic hand sewing techniques and practicing with scrap fabric.”

The sewing classes are working towards learning how to use a sewing machine.

Key Club has not reached their final goal yet, but the project is ongoing.

“Since we are in the middle of the project, we technically are just about to break even,” Hughes said. “The money that continues to come in will be the profit, and we hope to make several hundred dollars.”

Arnold is very grateful for the support by Key Club members.

“I just want to say thank you to the Key Club for thinking of us,” Arnold said. “On behalf of myself and my students we truly appreciate it!”



Photo by Sarah Girtman.

Freshman club member Isaac Miller sells a sucker to classmate Rosie Robinson.

Club members received bags of ten suckers which they sold for one activity credit. They can sell as many bags as they wish.

Theater department preparing for supercalifragilisticexpialidocious show

Ayden Price

The theater department's upcoming production is "Mary Poppins" which will debut Friday, March 10, and will be followed by two, possibly three performances on March 17-19.

HHS theater performed Mary Poppins in 2016 but director Hannah Drake is determined to make this one better than the last time

"Last time we did Poppins, I picked it," Drake said. "I had a few really standout seniors that I knew that would fit into Bert and Mary and really shine on stage. This time will be a lot different, we are doing more flying than last time, making new set pieces, and have different choreography."

Senior Allison Dennison who plays Mary, is particularly happy about this musical for several reasons.

"My favorite thing so far about Poppins is the mu-

sic," said Dennison. "It's upbeat and fun, along with the dancing, and the costumes are fabulous."

Senior Luke Winkleman, who is playing Bert, played Michael Banks seven years ago.

"Bert's a fun role as it is, but with Mary Poppins being my very first show and now my last, it makes it super sentimental," Winkleman said.

The rehearsal process started before Christmas break and resumed in January. During the month of December, the cast worked on the vocals of the show and running lines. Sophomore Bella Teston is excited about the music in the show.

"My favorite song in Poppins is 'Anything Can Happen.' I love the inspirational lyrics in the song like 'If you reach for the heavens, you get the stars thrown in,'" Tesson said.

The cast has had a lot of dance rehearsals in the past weeks, putting in a lot of hours. Freshman Ava Wilson, a dancer, is excited to be in this musical.

"Step in Time' is my favorite dance so far because I like to tap and it's upbeat," Wilson said.

This is a very different show than "Beauty and the Beast" and "Tuck Everlasting" because the actors are flying in the show. Senior Michael Quisenberry is part of the fly crew and stage crew.

"I think this show will be a lot of fun, especially with all of the flying in it," said Quisenberry.

Sophomore Ilaria Okerson has a really big role for the first time, and she is ecstatic about it.

"Being Jane, my first big role for HHS, is super exciting. It's a little nerve-racking to be a character with so many lines, but everyone in the cast is so helpful" Okerson said.

HHS band students are playing in the pit orchestra including juniors Jake Blimline and Kylan Jerrell, and sophomore Jayci Elam.

"We haven't started rehearsing yet but, I'm really excited to be apart in the orchestra," Blimline said.

Disney and CAMERON MACKINTOSH'S
MARY POPPINS
THE BROADWAY MUSICAL

SHOW TIMES
MARCH
FRIDAY 17
SAT. 18
SUN. 19
AT SIC

TO SEE UPDATES AND VIDEOS OF THE CAST GO TO [HHS.IL.DRAMA](https://www.instagram.com/HHS.IL.DRAMA) ON INSTAGRAM

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Backyard breeding often hides ugly truths behind fences

Most of America loves dogs. A 2016 survey found that there are 90 million dogs living in the homes of America. They are considered “man’s best friend” after all. So if so many people love dogs, why don’t we ever take a moment to think about where our beloved pets come from? Some people adopt theirs from a friend or go to a shelter while others buy a dog from a breeder. The sad truth is though that there’s a select group of people that breed dogs that don’t have the best intentions.

There is an argument to be made that breeding dogs can be important. Some breeds are used more often than others for their work ethic as service animals, livestock animals or even military and police dogs. This group of breeds, known as the “Fab Four”, include Labrador Retrievers, Standard Poodles, Golden Retrievers, and Collies. They are known for their effectiveness as service dogs.

Breeding dogs can also be beneficial for keeping a breed alive and well. For example, the Shiba Inu, a Japanese dog, almost went extinct in Japan during World War II. Luckily, once the war was over, the breed came back into popularity due to widespread breeding.

However, according to the Humane Society of America, it is estimated that there are 10,000 puppy mills, or backyard breeders, in America that are not breeding for these admirable reasons. The Humane Society of America defines a puppy mill as “a commercial dog breeding facility that may sell puppies”. These facilities are often unethical and do not have any of the dogs’ best interest in mind, just their own profits. The World Animal Foundation shared

some statistics about puppy mills. They explain that dogs from puppy mills have a heightened risk for psychological issues, are sometimes crammed into cages with no room to exercise and they are not regulated or kept track of.

The mistreatment of the dogs in a puppy mill is often overlooked or even ignored by the government. Few facilities, only around 3000, are registered and regulated by the USDA. Despite laws being enacted, breeders still work around them and they’re rarely enforced.

However, there can be telltale signs of a breeder being a puppy mill. Rover.com says to look out for breeders not specializing in one breed, puppies being sold to potential owners too early, and a lack of an interview process when trying to buy a puppy. Puppies are often sold for looks as opposed to health or use. Often times, dogs are bred as often as possible. There also tends to be little background given on a dog’s family or health history.

Sometimes, inbreeding is even utilized in backyard breeding. Breeds like the American Bulldog and Pug have become infamous for health issues that have become standard. An NPR article connects the bulldog’s signature flat face and bone problems to a limited gene pool. As a result, purebred bulldogs are unable to give birth without assistance at this point.

All in all, there is a place for breeding dogs, but the backyard is not the right place. Those who want a dog should consider adopting first. Sometimes, the most beautiful purebred can be found in a shelter.



Cartoon by Bailee Clifton.

Adopting a pet instead of shopping breeders or pet stores can help you save some money, but more importantly, you can save a life.

PE fitness programs should not be one size fits all

Riley Mize

As a student in high school one of the most stressful parts of my day is P.E. At HHS, we are required to take a physical education class. Once in the class, we run eight tunnels on Monday and Wednesday. Then on Tuesday and Thursday, we go to the weight room. My classmates and I tend to be ok when it comes to going to the weight room, it’s the running that stresses a lot of the students out.

Injuries and health problems are starting to arise as we continue running throughout the year. Students are left with broken ankles from running up stairs, without air, puking in the bathroom after they are done and even crying while running. When it comes to running we should have set amounts of laps for what our body requires and not what a teacher’s brain requires.

Cardiologist James O’Keefe said “Excessive running may thicken the heart tissue, causing fibrosis or scarring, and this may lead to atrial fibrillation or irregular heartbeat. Prolonged exercise may also lead to “oxidative stress,” a buildup of free radicals that may bind with cholesterol to create plaque in your arteries.”

Some students face struggles throughout this class. Multiple students at HHS have a doctor’s note that excludes them from doing any work. Yet teachers are still making them participate in these class activities, including running. Reaching into a bag searching for an inhaler due to being out of breath doesn’t seem like much fun to me, and it definitely is not fun when it comes down to a real life situation.

A lot of students get their own exercise outside of school, by going to the gym or walking around town. So when students come in and are already sore, and the class requires more exercise on top of that, it opens up more room for an injury.

Don’t get me wrong. Running and exercise isn’t a bad thing. Running has a lot of benefits. It can improve the musculoskeletal system, help maintain weight, and improve sleep. Running and exercise is a great way to keep yourself healthy.

However injuries and self care should be taken care of before a teacher assigns a workout that could injure students more. Owner of Philly Personal training Brian Maher writes “An accurate assessment will help identify the right goals, help... catch injuries before they happen, and help... determine the effectiveness of [a] fitness program.”

Gravel park lot is neighborhood nuisance

Mackenzie Partain, guest writer

The Harrisburg High School gravel parking lot is very problematic for the homeowners surrounding it. The students are extremely disrespectful towards the surrounding properties. Monitoring the gravel parking lot or changing its function is essential to keeping the properties well taken care of and keeping everyone safe.

Some people may argue that students do not know any better, but they should. Even if some students that park in that lot are not involved, they can make a difference by holding their peers accountable.

One problem is that students are defacing private property. One homeowner, Ashley, stated, “Students decided it would be funny to throw marinara at the screen of our window.” The students have also drawn inappropriate images on the house.

Further, the gravel parking lot is just not a safe place for new drivers. Their skills are not fully developed yet, causing them to exhibit risky behavior like reckless driving. As evidence, Ashley stated, “A girl in a truck backed into our fence breaking several pieces of wood and left it.” She also said that she and her children have nearly been hit multiple times by reckless drivers.

These behaviors are extremely dangerous. Students have done things like throwing trash, glass and even needles in a homeowner’s yard, where her three-year-old son plays. Before her children go out to play, Ashley has to check their backyard for any kind of substance that could be dangerous. “The smell of their pot and cigarettes comes into our home, and it’s right beside our young children’s bedroom,” she said.

It is very clear that the gravel parking lot is problematic. The most effective way to fix this problem is to use the parking lot for teachers or buses. Another solution would be to put up cameras to find those who are responsible for these behaviors. The only way students can make a difference is to hold their peers accountable. Whatever path is chosen, a solution to the problem is needed and soon.



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Groomer Cheri White shares her experience with taking care of dogs

Ellie Rann

Having a groomer is an important part of providing for a pet. They need to be properly bathed and cut every few weeks to make sure they are in great shape for each season.

Cheri White, a dog groomer here in town, has much experience in taking care of dogs.

"I have been a dog groomer for 38 years," White said.

Most dog groomers choose their occupation based on their love for animals.

"I wanted to become a dog groomer because I love dogs and cats. I chose to be a groomer instead of becoming a vet simply because I didn't have the money," White said.

Just like becoming a vet, a dog groomer must attend some sort of schooling in order to become a groomer.

"I attended the Colorado School of Dog Grooming straight out of high school," White said.

Taking care of each dog is different, based on size and breed, but the overall process normally remains the same for each dog.

"First, you must check the dog for problems such as matting and trim sanitary areas, eyes, and foot pads. Next, you trim their nails and pull hair from their ears. Then, move on to the bath and blow dry. Finally, trim the hair to the length needed for the dog," White said.

Groomers normally tend to have many different clients.

"I do 35 to 40 dogs a week," White said.

Prices for grooming can also range between the breeds of the dogs.

"I do \$45 for a full groom, \$35 for a light groom, and \$25 for short hair," White said.

Along with being a groomer for over 35 years, White has enjoyed doing other activities with dogs.

"I teach obedience/agility/showmanship to the Saline County 4-H'ers, and have shown dogs in AKC/6KC for over 40 years. I am also the president of the Crab Orchard Kennel Club based in Carbondale," White said.

White loves her job, but loves training dogs just as much. She will continue to groom for years to come, but also has big plans for her future with animals.

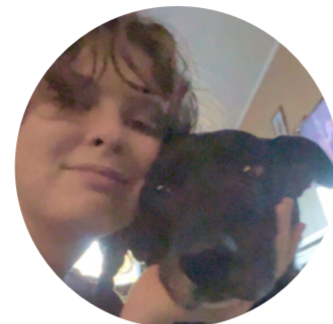
"I am currently starting a second job as a lure course operator starting in April. I will be traveling the Midwest putting on competitions for dogs running the 100-yard dash chasing a lure and timed to determine how many miles per hour they are running. The dogs will win ribbons and titles from the AKC," White said.

White encourages those with dogs, or cats, to have them regularly taken care of. She has great experience and loves doing her part in providing for each pet's needs. She even has dogs of her own.

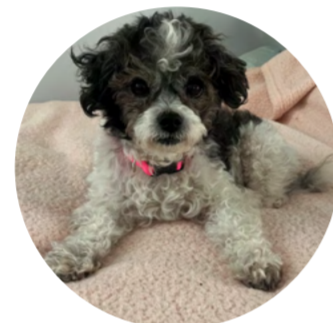
"I have two flat-coated retrievers, one border collie and one Basset Fauve de Bretagne. I just love taking care of dogs," White said.



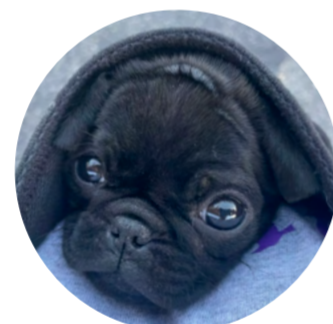
Junior Ali Hankins
Izzy
German short haired
Pointer



Sophomore Ansley Plumlee
Brownie
Pitbull Boxer Mix



Junior Frankie Leigh Nicholes
Snuggles
Bichon Shih Tzu Mix



Senior Halleye Pate
Luna
Pug



Junior McKenna Boon
Lincoln
Goldendoodle



Junior Morgan Young
Marshmallow
German Shepard Mix



Photos provided.

Junior Harley McCabe and senior Sophie Brombaugh pose with their rescue dogs, Millie and Maggie. McCabe rescued Mille from someone who posted on Facebook, while Maggie just showed up at the Brombaugh residence.

Dog Food Do's and Don'ts

Healthy brands: Royal Canin, Hill's Science Diet, and Purina

Not healthy brands: Acana, Zignature, Taste of the Wild, 4Health, Earthborn Holistic, Blue Buffalo, Nature's Domain, Fromm, Merrick, California Natural, Natural Balance, Orijen, Nature's Variety, NutriSource, Nutro, Rachel Ray Nutrish

Harmful main ingredients: lentils, legumes, potatoes and/or sweet potatoes

Source: Jornada Veterinary Clinic



Infographic by Bailee Clifton.

Local dogs facing shelter life in need of loving homes

Francesca Messerschmidt

For some dogs in the area, rescue life is an unfortunate reality. The Illinois Department of Agriculture says that there are 529 licensed animal shelters, and 171 animal control centers across the state. Many offer dogs for adoption and some even specialize in specific breeds.

These dogs can be overlooked for purebred dogs. Despite this, these rescue dogs require the same love and attention.

It is not uncommon for a dog in a shelter to act differently than they would in a home environment, which could deter some from adopting.

"The animals love receiving attention," Perry County Humane Society volunteer Rachael Willis said. "The interactions they have with us teach them how they expect other humans to act. If they were mistreated in the past, our kindness heals them."

Adopting a dog can be much easier than what one might expect.

"Our current requirements are to simply submit an adoption application," Finding Forever volunteer Amberly Gaudreau said. "We require all other pets in the home to be spayed or neutered and renters inform us of their rental policy."

While some animals get adopted extremely quickly, there are others that find themselves in the shelters for months at a time.

"I have seen several that were (at Perry County) for over a year. One was a boy named Smith. He was in the shelters for a year and a half," Willis said. "We have two that are at their seven or eight month mark now. That prompts me to push more on social media to spread their stories."

Adopting does not only help the animals, it can also benefit the adopter.

"It's typically cheaper to adopt rather than shopping," Gaudreau said. "Most adopted animals are already spayed or neutered as well as started on vaccinations."

Outside of adopting, there are plenty of things teenagers can do to assist animals in shelters.

"Volunteers are always helpful with basic tasks such as cleaning. Donations are also helpful and can be in the form of money or supplies."

Volunteering and donating are some things that can be done, but one can also help from the comfort of their own home.

"Liking rescue social media pages and sharing posts helps us reach more people," Willis said. "Supporting adoption instead of buying from breeders helps to end overpopulation of animals."

Interview a Vet



Q As dog owners, how many times should we come in for an appointment, and what for?

A Once a year, for annual exam and vaccines if needed

Q How often should I get my dog new toys or how often should we wash them?

A All depends on each dog but they should be washed at least one year.

Q How much exercise should my dog receive everyday?

A At least twice a day for 15-30 minutes

Q What vaccines should my dog have?

A Because of state law, they need rabies shots, and depending on the dog and the environment it may need more.

Information from Dr. Carey Harbison

Infographic by Riley Mize.

Wrestlers hope to beat down at Sectional tourney

Riley Mize

The wrestling bulldogs advance to the IHSA sectional after competing in the IHSA Regionals at Anna- Jonesboro High School. Prior to this, the Bulldogs have wrestled at the Murdale Tournament, where they had placed seventh out of 30 teams, the Carmi Tournament and the Blackcat Brawl Tournament. The team is getting ready for sectionals Feb. 4. Head coach Greg Langley prepares the wrestlers for Sectionals also while focusing on building their skills. "We are going to continue to run our drills and conditioning up," Langley said. "We definitely need to talk more about corrections so that each guy has a better chance to move onto State." Junior Tony Keene thinks that his team members need to focus the basics to better themselves and how they perform. Keene intends to make a return trip to State. "I feel like we really need to focus more on conditioning and focusing on tech-

nique on top and bottom," Keene said. "I am working very hard and am aiming to go to State. I am really trying to start lifting and going on runs to really make sure that I get to State, and that once I am, that I will be ready. I am very confident in my team. I really feel like me and my team can all go to State if we all put in the work." Langley says that if they can improve on moving their feet. "It mostly continues with getting better on our feet to score," Langley said. "Controlling opponents more often, once we score a takedown (keeping the opponent down on the mat), and defending the offense of our opponents when we are in neutral (when both wrestlers on their feet)" While Keene is focusing on getting ready for state, sophomore Brendan Hicks says that he and his teammates are excited for the upcoming Sectionals. "We are ready. We have worked really hard all season for this moment and this is what comes too. There is nothing we are worried about," Hicks said. "We have worked hard for what we do all season and we are going to win. We prepare ourselves everyday, we help each other, and we work hard every day, even when school is out, and we still go and have practice. We want to be the best that we can going up into Sectionals." Langley is confident in the team's ability to go to State and is ready to work them hard to get there. "Never take things for granted," Langley said, "but I feel we have as good of a chance to move guys onto state as anyone else. We will need to wrestle well, be smart in matches, and have a little bit of luck on who (we) draw to face up with."



Senior Luke Winkleman signs for cross country with Union University in Jackson, Tennessee.

Pictured with Winkleman are (back row) grandfather David Winkleman, Coach Chuck Ingram and sister, sophomore Sarah Winkleman. Winkleman is flanked by his parents, Dr. Laura and Dr. Matt Winkleman.

Photo by Brenda Winter.

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GET TO WORK BULLDOGS!!

“Turtle Boi” Tanner Sheldon encourages others to find exciting ways to help community

Ellie Rann

Many students have hidden talents or passions that others may not know about. Freshman Tanner Sheldon’s passion for diving has quietly helped the community in many ways.

In his free time, Sheldon enjoys underwater diving. He uses his passion for wanting to better the community in a way that is enjoyable for him.

“I have always had a passion for the environment and marine life as well as cleaning up the environment. I also have a love for the water,” Sheldon said.

Most people may not know much about underwater diving, but it does require much time and energy to get the certification needed to dive.

“It took about a month and a half of online reading, pool training, and classroom open water training to become a diver. The equipment I used is a buoyancy compensator, regulator with compass and computer, 7mm wet suit, scuba tank, boots, fins, flashlight, and a scuba mask,” Sheldon said.

Sheldon enjoys diving in many locations, both locally and further away. He is always looking for new places to explore.

“The place I dive the most is Mermet Springs in Vienna. I have also dove around Southern Illinois and Florida,” Sheldon said.

Sheldon loves diving in different locations because he enjoys finding new things as well as helping clean the water.

“Depending on the location, I am usually cleaning up trash, enjoying the scenery, or sometimes finding treasures/lost valuables,” Sheldon said.

While he enjoys using his skills to help others, Sheldon wants more people to do the same.

“I feel that diving does help the community by making waterways cleaner. I encourage others to try and find different ways to help their community as well,” Sheldon said.

Sheldon has had much success in his training, but hopes to only get better at diving as he gets older and is eager to find new locations to explore.

“I really want to continue diving throughout my life. As a matter of fact, I have already achieved Master Diver along with twelve certifications including CPR and Stress and Rescue,” Sheldon said.

Sheldon has his own YouTube channel titled “Turtle Boi” where viewers can see many of his dives and how he is bettering the community.

“Diving is important to me just because I love it. To me, there is no better place than being underwater. It gives me a career to look forward to along with a passion and excitement. It makes me feel like I am helping the planet and the environment simply by doing what I enjoy,” Sheldon said.



Sheldon dives at Mermet Springs.

In addition to cleaning up the environment, Sheldon also visits schools to talk about keeping waterways clean. He is currently working with HHS Key Club on their upcoming Earth Day project.



Photos provided .



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Susie
PHOTOGRAPHY

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Village Integrated Care For Kids (InCK) connects families to resources to help kids 0-21 with Medicaid or CHIP in **Saline, Gallatin, Wayne, White** and **Hamilton** Counties.

Because **"It takes a village..."**

The first step to improving child health is to recognize needs and access to resources. Village InCK and community providers are joining forces to integrate care to ensure all available resources for our kids are being met.

We're here for you.

Village InCK can help you navigate through:

- Child Care & Parenting
- Employment
- Family Planning & Pregnancy
- Clothing
- Food & Nutrition
- Housing
- Dental, Vision & Hearing
- Education
- Mental Health & Substance Use
- Healthcare
- Hotlines & Helplines
- ...& more



Want to get connected?

Contact us today to learn more about Village InCK:

- villageinck@egyptian.org
- 618.518.4625 (call)
- 618.226.1726 (text)
- egyptian.org/villageinck



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