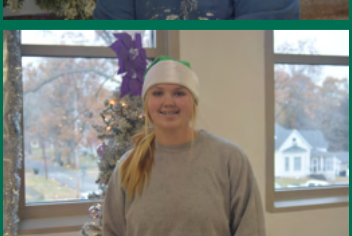
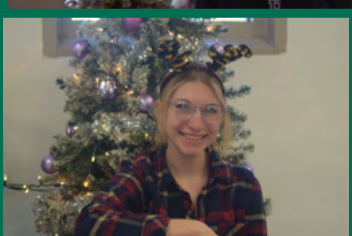
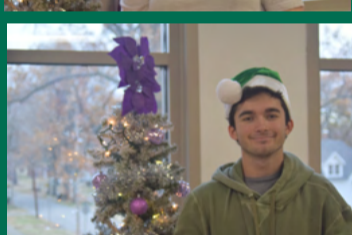
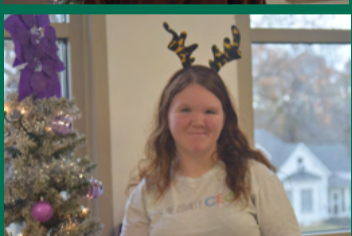
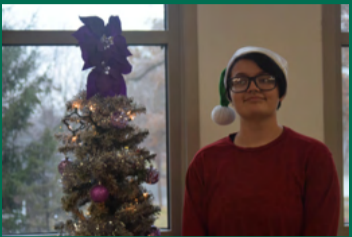


Merry Christmas from the staff!



Key Club members assist CEO, Elks

Caleigh Whiting



Senior Bella Hankins and sophomore Ryan Persinger wrap gifts at the Elks Lodge. Photo

This winter Key Club has planned multiple events where members can volunteer to the community. Some of these events included helping set up for Frosty Fest and helping the Elks wrap Christmas gifts. There is also a special donation being made to SIH Cancer Center in honor of Madeline Rider (2019), who recently completed treatment there. The donation will be from the money raised to concessions.

Frosty Fest was held Dec. 3, at Little Chapel Church. Vendors that participated were Mary Kay, The Spud Hut, Lost Apparel, and more. Club members helped set up on Friday evening before the event.

"I am happy to see how much we are doing this holiday season," senior Michele Johnson said. "There are many children and families who are struggling in these times. It is refreshing to be part of the help. There are many more resources that our community has to offer that most people have no idea about."

The Snowflake Project is a long-running community service project where the members of the Elks Lodge buy gifts for local children. Key Club is lending a hand by wrapping all those gifts that are purchased.

"I'm pretty sure there are multiple other members who signed up to help," junior Jensen Naas said. "I think it's a cute way to spread some Christmas cheer, especially for those who can't really afford Christmas every year."

Key Club members will also be working the boys basketball concession stand Dec. 16.

"We decided to donate all the money we make from our concessions to the SIH Cancer Center in honor of Madeline Rider, who is a former member of Key Club," president Sofie Brombaugh said. "There are also many members and relatives of members of our school community that have gotten treatments through SIH, so we feel like we'll be helping out a lot of our people in our community, especially those who may not be able to afford their treatments. We wanted to help out a great cause but stay local, and SIH was the perfect choice."

Caroling at Hollybrook and Brookstone is another tradition that the club has had for several years, but as COVID remains a factor, the club had to skip that project again this year.

"Before COVID, this was one of my favorite projects," adviser Cathy Wall said. "Maybe it goes back to my own youth when the adults at our church took us to carol for those living in nursing homes, but it was always such a special evening. The club members had cocoa and cookies afterward which was a great way to wind down during such a busy season. I'm hoping that things change, and we can do it again next year."

Book club sells Christmas candy grams

Sarah Girtman

Book club is selling Christmas candy grams to students to give to any person of their choice. They will begin selling them Dec. 5 for 50 cents per message.

The candy grams include two candy canes in the shape of a heart on a gram.

"It's like a version of a valentine but for Christmas," Beverly Alvey, book club adviser, said.

This is Book club's second year of selling these.

"It was really successful last year," Alvey said. "We are hoping it does as well this year."

They are selling these candy grams to raise money for community service or to help with trip funds for upcoming field trips they have planned.

"Our club would like to do either community service or we have some trips planned to other libraries to show kids why it is still important to be reading."

Alvey said. The students agree with this statement.

"I think doing this is a good thing to help raise money for Book Club," sophomore Ilaria Okerson said.

They are looking forward to it. "They seem like a fun thing to sell," senior Brianna Ellis said.

Okerson agrees. "I'm very excited because it's something new to sell," Okerson said.

Some students have goals set for the grams.

"I want to at least sell ten," Ellis said.

Other students don't have a broad goal. "I honestly don't really have much of a goal," Vinson said. "I just want to get as many sold as I can."

There are some challenges to selling them.

"My least favorite part is finding people who will actually buy some," Okerson said. "Sometimes it can be challenging finding people who will buy from fundraisers."

Students are happy for the change.

"I wasn't really active in the school last year, and I'm glad to try something different," Vinson said.

Harrisburg welcomes Dr. Amy Dixon as new superintendent

Press Release

Dr. Amy Dixon began her educational career as a school social worker and transitioned to principal of a Regional Office #20 alternative/safe school for students in grades 6-12 who were removed from their school due to truancy and/or expulsion.

After starting a family of her own, she began working for the Carmi-White County CUSD #5 in 2003 as an elementary school principal. Dr. Dixon has served various roles within the district throughout her tenure including special education coordinator, 504 coordinator, ELL coordinator, director of instruction, and principal of two elementary buildings. In addition to being a principal, Dr. Dixon works as an Adjunct Professor for Eastern Illinois University in the Educational Leadership program where she teaches Masters and Specialist level classes on curriculum, research, and student achievement.

An Illinois Principals Association member since 2001, she has been very involved in her IPA region serving as the state director, region director, and region board member for several years. She has also served on the Board of Directors since 2014 and it was an honor to serve as president of the organization during the 2020-2021 school year. She has been a part of the professional development committee and legislative committee at the state level and currently serves as a Principal Mentor and provides professional development through Administrator Academies and monthly webinars.

Currently, Dr. Dixon serves on the board of directors for the National Association of Elementary School Principals (NAESP) representing Illinois, Indiana, and Kentucky. Prior to that role, she was the state representative for the NAESP where she traveled to Washington, D.C. to advocate on behalf of our schools.

Dr. Dixon is looking forward to joining the Harrisburg Union #3 family! She stated, "There is so much to celebrate and grow from within the Harrisburg district! I am excited to work alongside and learn from the incredible staff at Harrisburg. As we know, it is never about one person, but the entire team of individuals, families, and community members who come together to make students successful."

Dr. Dixon will be available on Saturday, December 17 at Harrisburg High School at 1 p.m. Dr. Dixon and family will be located near the rotunda area by the gymnasium (door number 17). A sweet treat and light refreshment will be available. Please come out and support our new superintendent before the Bulldogs take on DuQuoin at 2 p.m.

Saline County CEO hosts Frosty Fest

Kelee Mills

The Saline County CEO program hosted a vendor fair, Frosty Fest at Little Chapel Church Dec 3. Four students from Harrisburg High School, two students from Carrier Mills High School, three students from Eldorado High School, and one home-schooled high school student from Thompsonville put the event together. The students' instructor is Tina Norman.

The event was a huge success for the students. "They exceeded the financial goal they had set, over 700 people were in attendance, they were attentive to vendor needs, and they worked so well together throughout the whole process," Norman said.

As the students created the event, they had a lot of expectations for how the event was going to turn out. "To be honest, the event turned out way better than I thought it would," Eldorado senior Noah Turner said. "We had way more people than I thought we would. The vendors were way better than I thought they would have been."

There were a lot of different activities for both parents and children. The parents got to shop and the kids got to do fun activities.

"We had a great variety of vendors at the event from jewelry, car fresheners, clothing, hand painted items, food, and more. On top of this we also had Santa Claus and The Grinch, and the Harrisburg Art Club painted the kids' faces," Harrisburg senior Sophie Williams said.

The students had 200 more people come this year than last year's class did.

"Frosty Fest was a big hit this year. We had over 200 more people show up this year than last. Our team also got a great group of vendors who did very well. The event was a great success for Saline County," Carrier Mills senior Abbigayle Musgraves said.

The students had to work through a lot with each other to make the event a success.

"Our team grew closer through the process, and we learned our strengths and weaknesses as a team and individually," Harrisburg senior Liza Wiggins said.

The vendors sold a lot of their products as well, making it a financial success for them.

"It turned out to be a big event for both students and vendors, and it seemed that everyone had a great time," Eldorado senior Katrina Coyle said.

In the CEO program, the students have to create a class business for the first semester of the class. The second semester is for their individual business. The students used the idea from last year's class.

"Last year's class had originally had the idea for a vendor fair. It was very successful, so this year the students decided to host the same event, but find ways to make it better," Norman said.

A lot went into preparing for the event. At times the students had to meet outside of class to work on the projects they had for the event.

"Countless class hours and personal time went into the event. It was a lot of contacting people about sponsoring or becoming a vendor and having to follow up to make sure those spots were secured. A lot of communication went into this event," Carrier Mills senior Kaylee Horn said.

The students were put into three different teams. There was the marketing team, logistics team, and communications team.

"I was on the marketing team which consisted of me, Kelee Mills from Harrisburg, Katrina Coyle from Eldorado, and Abbigayle Musgraves from Carrier Mills. We did a lot of behind the scenes such as getting the word out about the event through social media and making the designs for all the marketing material such as billboards, banners, fliers, and our t-shirts," Harrisburg senior Abbie Graham said.

There were a lot of hard parts during the process of putting the event together.

"The hardest part of preparing for this event was getting vendors. We struggled to get them at one point in the process, but we managed to get them all together," Eldorado senior Brock Newman said.



Photo by Kelee Mills.

Seniors Kaylee Horn (Carrier Mills), Abbie Graham (Harrisburg), and Brock Newman (Eldorado) greet customers, sell tote bags, and take donations at Frosty Fest Dec. 3. Donations will be used to fund students businesses.



Photo by Sophia Dawe.

Senior Bella Hankins, junior Jensen Naas, and sophomore Ilaria Okerson help set up tables at Heaven's Kitchen

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Inflation reaches sky-high rates this holiday season

When Christmas Time comes around, there's one thing on everyone's mind— shopping. Whether we need decorations, a tree, or presents for our loved ones, there's really no avoiding the costs when it comes to holiday shopping. While prices are already high, inflation has become a major problem this year, as the numbers on price tags soar more and more. An article in Forbes reported that in October, the US Labor Department measured a 7.7% increase in inflation nationwide in the last 12 months. Inflation is the phenomenon of prices of goods and services increasing over time.

Nevertheless, everyone hits the stores on Black Friday and Cyber Monday to get their holiday shopping done. But with the increase in costs this year, many people may find themselves struggling to buy what they had planned on.

According to Forbes, inflation is worse than the last economic recession in 2008. During a recession, the economy drops nationwide. According to Forbes, "Experts declare a recession when a nation's economy experiences negative gross domestic product (GDP), rising levels of unemployment, falling retail sales, and contracting measures of income and manufacturing for an extended period of time." Because of this, everything is much more expensive, leaving people wondering how they'll get through the holiday season.

For a lot of low-income individuals and families, this time of the year is already one of the hardest, and the price increases are only making it that much harder.

Inflation is a problem faced by everyone. Many people point to our government, mainly our president, as the cause of the inflation peaks, but that could not be farther from the truth. The Federal Reserve, or our country's

bank, actually controls inflation. Sadly, there's little that we as individuals can do to fight the problem. Unfortunately, most of us will just have to wait for inflation to slowly fall back down.

So what can be done to finish our shopping this holiday season? One of the best ways to get your decorations up and normalize gifts given you make yourself. There are so many decorations that can be made with simple craft supplies most have lying around their homes. One can make cardboard trees, paper snowflakes, or paper chains to replace garlands.

There are also many gifts that can be made for someone with little cost, and those gifts are often the most meaningful since they represent the time the person spent thinking of the recipient.

Another idea is to participate in familiar traditions like the Lights Parade or the Tree Lighting Ceremony at the Saline County Museum, or create some new traditions. Check out the map created by Savanna Milligan and hit the road with some friends. If you are looking for a quieter, more spiritual way to celebrate, check social media for the numerous church services, plays and concerts that are held this month. Our town may be small, but like most small towns, we are richly steeped in traditions.

While it may not look like it has in the past, this can still be the most wonderful time of the year, even if the economy is struggling.

Cartoon by Bailee Clifton.

**Choosing the right gift for you
bestie is likely to cost more than
it did last year.**



Depressed teens may need extra support during the holiday season

Keelan Melton

I lay on the floor of my bedroom, the lights off. I looked up toward the ceiling questioning my existence and the purpose of why I am alive. My mind was going into a spiral. My cheeks were sticky from the tears and my mind entered a dark place that I fear that I will not return from.

This was one event that happened to me in the past year. Nothing seemed to matter anymore. Some think it's just an episode or overreacting. In reality, it's just one effect of depression.

Teen depression is something not to take lightly by any means. According to Statistics, forty-one percent of the teens in the United States struggle with depression, and twenty-two percent struggle with severe depression, that could result to self harm and suicide.

Sleeping in class, less effort in classes, struggling to pay attention, and less involvement in things a person should like to do are all signs of depression, signs that others need to notice.

The biggest contributing factor to my depressive episodes is the doubt of myself and the future that I could have. Not being able to make it in the world or thinking that I am not good enough to become successful bothers me. Strangely, this is also what causes me to give up. I stop trying because I'm not going to make it anyway right? I will never be happy to be living my life. It's a truly vicious cycle.

That is what I thought for a long period of time. I'd be lying if I said I still don't have these fears but at some point in time, I realized that I am better and will make it in this

scary world. Ways to help yourself when you get to a low point is to try to think about the good things that have happened in your life, things that make you laugh or give you a good memory.

Another way is to find things that intrigue you that you never thought you would like to do. For me that is photography. I found a passion in taking photos and seeing how a photo could turn out good or bad. And the more I took pictures, the more I wanted to get better at it. I found something that helped me out of a dark place.

More than anything, finding professional help is important. The Egyptian Mental Health Department is a great place to go for counseling. If you do not find the right connection with the counselor you are talking to, you can always ask to switch to a different one. If EMHD doesn't seem like a right fit for you there are other places to attend like the Celebrate Recovery Program that operates at the First Baptist Church in Harrisburg.

There are many people that go to counseling, and it is perfectly okay.

It's important to notice friends and loved ones that are struggling, especially during the holiday season. Just be there for them. Let them know that they have someone to talk to. A hug goes a long way as well.

Depression is very hard to deal with but always remember that there are people to talk to but the help will not be given unless you go look for it. You are the only one that can help you get started onto a right track towards a better mental health and a better life.

Stop Motion or Animated? Students find comfort in old Christmas favorites

Ayden Price

It's December, which means Christmas movies are all over the small screen. There are thousands of Christmas movies but which one is the best? Personally, my favorite is "The Year Without a Santa Claus.". Now this movie for me is in my top three Christmas movies to watch over the holidays because it's what my mom watched with my sister and me when I was growing up.

This movie is about a weary and sick Santa Claus who considers skipping his Christmas Eve run for one year and how Mrs. Claus and his elves set out to change his mind. Don't get me wrong there are plenty of good Christmas movies, but stop motion Christmas movies are the best ones. Between 1970-1918 stop motion was big. Everyone liked it and they are the most viewed than any other Christmas movie according to IMDb.com.

According to Adobe.com, "Stop motion animation is an advanced flipbook-style form of animation. It involves photographing and then physically manipulating objects within [a] frame. As each frame is played in sequence, the technique creates the effect of an object moving itself."

Between 2010-now, they have primarily made hand-drawn or computer animated movies and some of the students have never heard of them, and if they have, it's because they have a small sibling. Some cartoon movies are really good don't get me wrong but they just don't hit the mark for me. The cartoon movie "The Grinch" is really good, and it did satisfy me, but it didn't really change that much from the original cartoon or from the live action movies.

I asked several students what they liked better— stop motion or traditional animation. Seven out of ten students said traditional animation. Then asked what their favorite cartoon was, they said "The Grinch" or the "Polar Express."

The debate will probably never have a clear winner, but the important thing is bonding with friends and loved ones. What always matters the most is the memories we make when we share the story with someone we love.

Rising prices affect Christmas shopping

Bailee Clifton

With Gen Z coming of age and getting employed, they're more likely to purchase gifts online rather than in stores. A lot of online stores will have holiday or loyalty discounts around this time of year, many with free shipping as well, so people are more inclined to spend less money so that they can afford other expenses.

"In the United States, consumers were more likely to select online stores when shopping for gifts for their loved ones," said D. Tighe at Statista. "More than half of consumers in 2021 said that they were more likely to visit online retailers for holiday gifts."

Sophomore Veronica Randolph says she shops online more often. "I'm definitely more likely to shop online for Christmas, mainly because it's quicker and easier for me, and I can just pull up an app and get it done all in one sitting," Randolph said.

Whether online or in person, the holiday season is one of the busiest times of the year, not only for shoppers, but for retailers and small businesses as well.

"The Christmas or holiday season is the single most critical sales period of the year for many retailers: this period includes days, such as Black Friday and Cyber Monday," Tighe said.

Junior Jaylynn Renfroe purchased several Christmas gifts on Black Friday. "I shopped for my friend and step mom and spent about \$45," Renfroe said.

Since the recession in 2008, prices of nearly everything has steadily climbed, including the amount of money people spend on gifts.

According to Jovana Kentic at Capital Counselor, the average American plans to spend nearly \$886 on Christmas gifts alone, with less than half of them planning to shop in person.

Forty-three percent of Americans plan to start shopping before the end of October according to "How Much Do Americans Spend On Christmas?"

"I like to shop early so the gifts come in by the time Christmas comes around," Renfroe said. Even during the peak of the COVID-19 pandemic, holiday sales increased an average 8.3 percent.

"People managed to save more money due to the lockdowns, early payments, travel restrictions, etc. and were keen on spending it," Kentic said in "27+ Jaw-Dropping Christmas Spending Statistics".

Not only have individuals spent more and more each year, but the U.S. as a whole has managed to have a spike in overall holiday spending.

"In 2022, holiday retail sales in the United States were forecast to reach about \$942.6 billion. This figure was given as a conservative value; retail sales over the holiday season was projected to be between \$942.6 billion to \$960.4 billion in 2022," said Tugba Sabanoglu at Statista.

Several families in our area are not able to afford gifts or are not able to spend much on gifts because of timing and/or prices.

"I like to shop early so that the gifts come in by the time Christmas comes around," Renfroe said.

According to Supermarket News, since "many Americans feel the pinch of higher prices, they may be evaluating how they spend money overall between socializing, gift-giving, and travel."

People generally set a budget for how much they will spend on gifts each year, and most try to stick to the same budget each year.

As stated by Maurie Backman at The Accent, "56.3% of Americans who bought gifts set a budget for holiday spending- but only 64% stuck to it."

Naperville has the highest city budget in Illinois, coming in at \$2,381 in 2017. The further south the town is in state, the lower the average budget seems to go. Minimum wage in Illinois was set at \$12 an hour, with few places paying more than that because they're understaffed. All the while, many people in our area still cannot afford as many gifts as before while still paying their bills and other expenses.

"I get an allowance every two weeks for babysitting my little brother. I usually get \$50, but my parents bump it up to \$75 around the holidays so that I can afford more things," Randolph said.

The first step to selling a Christmas tree is to first plant the tree. Trees should be planted early in the spring to give them time to develop. The spacing of the trees should be taken into consideration.

The next step is harvesting a tree. Know what implements will be used (handsaw, chainsaw, mower with a saw blade, etc.) and use them with extreme care and precautions.

The last part is delivering the tree. Depending on what method being used to sell the Christmas tree determines how it is delivered. It could be delivered by a delivery truck, or by a car. If there is a Christmas tree lot the buyers could take it home themselves.



After the tree is harvest it will need to be put on the market. Christmas tree lots are a popular way to sell trees, or they could be sold online. It depends on how they are sold and how far they will be sold.

Where do American buy their gifts?

According to Statista, Americans are shopping at the following...



Christmas Gift Spending

How much do people spend on gifts?

Clothing and accessories	\$304
Electronics and accessories	\$243
Gift cards	\$235
Food and beverages	\$220
Home and kitchen	\$193
Toys and Hobbies	\$187
Health and Wellness	\$156
Pets	\$107

Source: The Average Cost of Christmas

Average Cost of Christmas Dinner

Turkey	\$1.14 / lbs.
Ham	\$1.25 / lbs.
Stuffing	0.88 cents
Mashed Potatoes	\$4.86 / bag
Cranberry Sauce	\$1.76 / can
Rolls	7.28 / bag



Allison Dennison Senior-\$100



Adhianna Stillson Senior-\$100



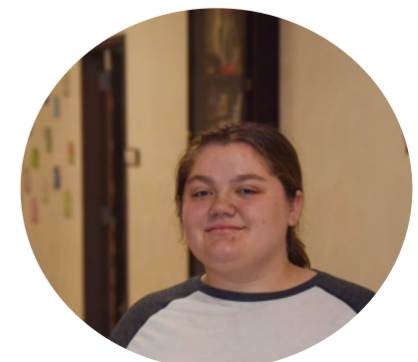
Brianna Ellis Senior-\$150



Bryleigh Lewis Junior-\$150



Wilson DeNeal Junior-\$70



Morgan Young Junior-\$130

Fehrenbacher to join EHT tradition

Ellie Rann

Every year, hundreds of students from Southern Illinois come to watch their basketball team play in the The Eldorado Holiday Tournament (EHT).

The EHT is a three-day tournament held during the Christmas break. It's a tradition for some.

"Harrisburg will be very competitive this year like they always are. I think Massac and Benton are going to be really good teams to beat this year. If we could make it to the final four, it would be a very good tournament," past coaching staff member and substitute teacher Steve Vinyard said.

Harrisburg has competed in the EHT for many years, drawing many Harrisburg residents to Eldorado to watch the games.

"I attend each year because it's a local tradition," Vinyard said. "From going to it, to coaching in it with Coach (Randy) Smithpeters, and even having my sons compete in the EHT, it's just a yearly event everyone from Southern Illinois should attend."

The basketball team has welcomed new coach Andy Fehrenbacher, who has never coached in the EHT before. This will change a small piece of the tradition for Harrisburg.

"Coach Fehrenbacher has a very good resume," Vinyard said. "He's taken many teams from T-Town far in basketball, and I know he will do the same here in Harrisburg. He's a very nice guy and I think having him as our coach is a positive thing for our program."

The players have definitely had to adjust to this change, but are very fond of coach Fehrenbacher.

"Coach has come in and done a great job building

relationships with each player on the team and I think we'll be a successful team because of how charismatically and smoothly he's guided us through the transition of coaches," senior Ross Rider said.

The team members are looking forward to the EHT in hopes that they will go far this year.

"We have a really good chance of going deep into the tournament," Rider said. "I think we have a very talented and experienced team that will get better as the season goes on. I think we will shock a lot of people this year."

Many of the seniors are making the most of their last season at HHS.

"Since I was just a little kid, I have always loved going to watch the Bulldogs play in the amazingly electric atmosphere of Duff-Kingston Gym," Rider said. "It is very fulfilling to me to know that I have basically come full circle to a point where I now get to be one of the players that child-me would look up to. I'm excited to bring an EHT trophy and net back to Harrisburg."

The basketball team has only participated in a few games so far this season, but Fehrenbacher is looking forward to the EHT in hopes of having a successful tournament.

"It's still pretty early in the season to tell exactly how we will do, but I know we will compete against many good teams," Fehrenbacher said. "If we try our hardest I think we will have a good tournament."

Even though this is Fehrenbacher's first time coaching in the EHT, he has much experience and a very positive attitude for being a part of Harrisburg tradition now.



"I'm very familiar with Harrisburg, having coached against them before, and I know the pride and the tradition here," Fehrenbacher said. It's something that drew me to this job and I'm thankful for the opportunity to be a part of Harrisburg now as a basketball coach."

Harrisburg is not the only school that has great traditions.

"Previously I was coaching at Salem. We hosted a tournament that was very similar to the EHT, an annual tradition, and I also took part in the Centralia Holiday Tournament," Fehrenbacher said. "Before Salem, I coached at Teutopolis for 17 years. Through the years I've been fortunate to be at different places, Harrisburg included, that have a lot of tradition and history."

The tournament is a great place for people of all ages to come out and support their team.

"I've always heard a lot about the EHT, it's a very big deal, and I've been amazed at the crowds it brings in because it's something you don't see a lot anymore," Fehrenbacher said. "I know it's a big social event that students, parents, and grandparents like to attend and I'm thrilled to be a part of it this year."

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Keene leads wrestlers

Triton Kielhorn

The 2022 wrestling season has begun, and with the lack of seniors, as well some other important concerns, the team looks forward to their first tournament. Junior Tony Keene is excited for the season to start after a great performance at State last year. "I feel great going into this season because I'm ranked second in state and I have something to work towards as long as I put the work in," Keene said.

Sophomore Dathan Case is looking forward to the season and wants the team to make a good impression. "I'm feeling good about how our team is going to perform. We've got some really good wrestlers, and overall the team is pretty good," said Case. Case also thinks the team has some things to improve on heading into their first tournament. "I think our team needs to keep improving our conditioning as we move into our first tournament," said Case.

Junior Javier Horton has wrestled 3 of his 4 years here at HHS. He is excited to once again have a great season. "I feel we have a very talented roster and we should perform pretty well," said Horton. Case also wrestled on the team as a freshman last year. He felt he could've done better, but has high hopes for this time around. "I felt I could've done better my first season, but as a freshman wrestling varsity, I think I did pretty well," said Case.

Keene has a major concern with the team's overall wellness, and hopes they can keep it in line. "The main concern that I have is making sure the team has the stamina to be at our peak," said Keene.

There are no seniors on the team this year. Keene feels the team needs to have someone with experience, but he feels the team will push through and still do well. "I feel we could be really dominant either way, but it would be nice to have more experience on the team," said Keene.

Bowlers begin season with Herrin Tourney

Celine Barnett

The boys bowling team kicked off the season by placing fourth in their first tournament of the season.

The tournament was held Nov. 6 at Herrin Bowl. "We did great for our first tournament," junior Triton Kielhorn said. "I'm proud of every single one of us, it was a great start."

The team traveled to Herrin Bowl to start their season. The varsity team consists of five seniors, two juniors and one freshman, Caleb Gore, who already has skyrocketing scores at tournaments and practices.

"I feel like at my first tournament I had the skill to do good, as you can see from the 258," Gore said. "But, I didn't have the experience or knowledge to keep the scores high throughout the tournament as the lane conditions changed."

The highest individual scores were placed by Gore and senior Evan McDermott with a 233. McDermott is following up a State appearance last year.

"I hope to finish well in State, along with finishing well as a team," McDermott said.



McDermott also placed fourth in the tournament, alongside junior Noah Arnold who placed sixth.

"I felt like we did great as a team and individually for our first tournament," Arnold said. "We started off hot in the first half of the tournament, going into half in third place as a team. We ended the day in 4th place, but everybody stayed positive and bowled great."

As for the girls team, they have not yet started, but already have high hopes for their upcoming season.

"I hope everyone does really well, and I hope everyone improves," sophomore Karol Simmons said.

This is Simmons second year on the HHS bowling team.

For others, this experience is new.

"I'm hoping I can place as high as I possibly can in any of my matches that I could possibly have," junior Bryleigh Lewis said. "One of my goals as of right now is trying to get faster so I can knock down more pins."

The girls started their season at Herrin Bowl Dec. 1.

For more Bulldog sports coverage and photos, check The Purple Clarion online at hhspurpleclarion.org and follow the paper on Instagram.



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Step 1:
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Step 2:
Family fills out an initial screening to identify needs



Step 3:
Data will be analyzed by our Referral Platform



Step 4:
Family will be connected to resources & services



Step 5:
Service Integration Coordinators will follow up with families to assist:
-That needs are being met
-Appointments are being made
-Work with Community Providers to coordinate care



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